



## Outdoor Film Festival Screenings

**O**n Thursday, April 11 at 7:30 p.m., Edison and Ford Winter Estates will show three films on the Henry Ford estate lawn as part of the Fort Myers Film Festival. The films will include an Edison silent film, a production about the first directors at Edison and Ford Winter Estates, and a feature entitled *Coach*.

The event is fitting since Thomas Edison invented the motion picture camera. His first films were without sound, but nonetheless groundbreaking for the time.

Guests can watch an original Edison silent film, *The Great Train Robbery*, while local musician and film buff Stephen Brittain performs the score. The second production, *A Tale of Two Halgrims*, was produced by Ilene Safron of Main Sail Video Productions and tells the history of the first two directors at Edison and Ford Winter Estates. From 1927 through 1931, Robert Halgrim, Sr. worked for Thomas and Mina Edison. In 1947, Mina deeded the Edison estate to the City of Fort Myers. Halgrim became the first director to solely manage the estate from 1948 until 1972. Then in 1973, Robert Halgrim, Jr. became the second director



**Thomas A. Edison, inventor of the motion picture camera** photo provided

and operated the site until his retirement in 1998. For a total of 50 years, the Halgrims personally influenced the day-to-day management of the estates – now one of the country's most visited historic sites and tourist attractions.

During highlights from an interview with Robert Halgrim, Jr., this short documentary reveals the history of those 50 years, including details of how Mina Edison gifted the Edison estate to the City of Fort Myers; the idea to collect thousands of Edison artifacts for a museum; how Henry Ford's home was

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**Danica Murray as Barblin and Steven Coe as Andri** photo by Paula Sisk

## Profound Premiere At Lab Theater

by Di Saggau

**L**aboratory Theater of Florida never ceases to amaze me. Under the leadership of Artistic Director Annette Trossbach, I have watched this theater grow by leaps and bounds. And

now showing is a play that I will be thinking about for a long time, *Andorra* by Max Frisch. This play is a parable about racism and prejudice, and it goes about portraying these themes in a very unique way. The setting is a small, peaceful community, Andorra, much like Frisch's native Switzerland.

Andri (Stephen Coe) has been brought up thinking he is a Jewish orphan, rescued by the local teacher (Rob Green) from the neighboring, anti-Semitic

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## FGCU To Open The Water School

**M**any people live, work and play in Florida because of the water, but as water quality declines, leading business sectors – from tourism to agriculture, from recreation to real estate – suffer from devastating losses.

Situated in the midst of critical freshwater and saltwater systems, FGCU scholars are uniquely positioned to take on these pressing issues and develop comprehensive solutions. Building on two decades of proven academic excellence in water-related research and initiatives – as well as in business, health and engineering – the university officially launched The Water School with a recent announcement based at FGCU's Vester Marine and Environmental Science Research Field Station in Bonita Springs.

The new school brings disciplines from across campus together to focus on one subject: water.

Robert Gregerson, dean of FGCU's College of Arts & Sciences, said, "Philosophically, a couple of years ago, we as an institution started looking in the mirror and asking the question, What are we going to be known for? What are we going to be really great at? One of the ideas that coalesced was this idea of The Water School, as a shining example of



**President Mike Martin, center, surrounded by FGCU faculty and students, announcing the founding of The Water School** photo provided

how we do all the things that impact our greater community, allow us to do cutting-edge research and scholarship, and train students, and be an integral part of our greater community."

With 400 acres of protected habitat and a continuing commitment to buildings certified for sustainability, FGCU is already a living environmental lab with award-winning initiatives in education, energy production, research and sustainable

practices that make it one of the nation's greenest campuses.

"It's the perfect place to develop a new school dedicated to developing a comprehensive understanding of water problems that also moves beyond traditional boundaries to develop solutions," Gregerson said.

In addition to the college's Department of Marine and Ecological Sciences, The Water School will draw in disciplines

including engineering, economics, education, healthcare, arts and humanities, psychology, sociology, physics and chemistry.

"This is not a science solution to our water problems," said FGCU President Mike Martin. "This is a university solution. The Water School is a cross-cutting, interdisciplinary activity that integrates across every unit in the university. It's not

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Historic Downtown Fort Myers, Then And Now:

# The Eagle Has Flown



by Gerri Reaves, PhD

For almost a century, photographs taken from the steps of the Lee County Courthouse on Main Street had the backdrop of the historic live oak seen in the 2005 photo. That historic tree was probably the most photographed one in Fort Myers history, and it appeared in its share of postcard images. Grade-school classes posed beneath the arching limbs, people sought shade and consolation on the benches located near it, and tourists wrote home about the grandeur of the landmark. That oak had long been in residence when the 1915 current courthouse opened and, in fact, long before the first courthouse on the property opened in 1894.

Famed city planner, Herbert S. Swan, recognized the revered tree in the 1926 Fort Myers Plan and noted the shortage of canopy trees downtown even then: “A splendid example of the live oak is to be found in front of the County Court House, where its shade during the heat of the day is enjoyed by many people. More of these, or other varieties of oaks suitable for shade, should be planted.” As for the ubiquitous palm in the City of Palms, Swan wrote, “The use of palms on streets is mainly for their decorative value...As shade trees, they have little value. The live oak is probably one of the best shade trees available.” When the historic oak at the courthouse was destroyed in 2011, it was estimated to be as much as two centuries old. It had witnessed the pioneer era, the arrival of the railroad on bordering Monroe Street, protests and the political theater at Courthouse Square – including Ku Klux Klan events and post-election hangings in effigy.

The Civil War, Spanish-American War, two World Wars, the Korean War, the Vietnam Conflict, the Gulf War, Afghanistan and Desert Storm – all were but blips in the lifetime of that oak.

But what did determine its fate was the altering skyline, the decreased sunlight, the constricted roots, the invasive pins and props meant to stabilize it, and the resultant insect pests that ultimately made it a safety hazard.

After its destruction, chainsaw sculptor Marlin Miller fashioned the trunk and partial limbs into an American Bald Eagle, which faced Main Street.

But if you’ve walked by the courthouse in recent weeks, you might have noticed something’s missing: for the first time in living memory, no trace of the historic oak remains... not a lacquered dead limb, not an acorn.

The eagle has flown, temporarily removed for maintenance. It will return probably in late summer.

Until it returns to its perch, whether you love or loath the artwork, you can treat yourself to a different view from the courthouse steps.

The group of cabbage palms, Florida’s state tree, fans across the view, and Hotel Indigo, also sprouted since 2005, looms in the background.

Walk to Courthouse Square and remember the historic live oak that spent a long life rooted there.

Then visit the following two research centers to learn about other trees that have made local history.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit [www.swflhistoricalsociety.org](http://www.swflhistoricalsociety.org) for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the volunteer, non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.



In 2005, the historic live oak still stood in front of the Lee County Courthouse on Main Street photos by Gerri Reaves



The live oak was destroyed in 2011. Now even the sculpture created from its trunk is temporarily absent for maintenance. Since 2005, cabbage palms have been planted and Hotel Indigo constructed across the street.

For more information, call 332-8778 or visit [www.leecountyblackhistorysociety.org](http://www.leecountyblackhistorysociety.org). Sources: Archives of the Southwest Florida Historical Society, The Fort Myers Plan by Herbert S. Swan, [lee-county.gov](http://lee-county.gov), and *The News-Press*.✧

From page 1

## Lab Theater

Blackshirts. He is actually the teacher’s own illegitimate son and is not Jewish, but Andri hangs onto his Jewish identity. This causes him to become the prime victim later in the play when the Blackshirts invade Andorra.

As the play begins, Barblin (Danica Murray), Andri’s stepsister, is white-washing the buildings in Andorra. Is she trying to wipe away the sins of the townsfolk? Andri yearns to be a carpenter, but the town carpenter (William Allenfort) tells him he should sell chairs, not make them, even though Andri’s chair was superior to others. The carpenter says, “For your kind, that’s natural, it’s in the blood.” The innkeeper (Cantrella Canady) says, “Andorrans are good people, but when it comes to money, they’re as tight as the Jews.” The nasty soldier (TJ Albertson) joins in with, “All you Yids ever think about is money.” The anti-Semitism voiced by the doctor (Isaac Osin) is even more pronounced.

Andri remains convinced he is Jewish

and, before long, he feels different from his neighbors. His visit with the priest (Trace Meier) leaves questions in our minds. Andri starts to behave as the townsfolk expect Jews to behave and is eventually marched off for execution when the Blackshirts arrive and the “Jew detector” singles him out. Between the 12 scenes in the play, major characters step front stage and deliver monologues as if they are on a witness stand. They all say they are not responsible for Andri’s death.

I was impressed by all the actors, and the stark set is well laid out. My friends and I talked about the play all the way home. I love it when that happens. A piece in *The New York Times* noted that *Andorra* was one of the most frequently produced plays in postwar Germany, and one can understand why. The poisonous prejudices that seemingly kind and average people harbored during the war cannot be forgotten. The dramatic ending to the play sent shivers through me.

*Andorra* plays through April 14 at Laboratory Theater of Florida, located at 1634 Woodford Avenue in downtown Fort Myers. For tickets, call 281-0481 or visit [www.laboratorytheaterflorida.com](http://www.laboratorytheaterflorida.com).✧

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Yoga and meditation classes are now available at Edison and Ford Winter Estates

photo provided

## Yoga, Meditation Classes At Estates

New health and wellness programs are being offered at Edison and Ford Winter Estates. Yoga Along the River will be held in the river pavilion on two Saturdays – April 6 and April 20 – at 9:30 a.m. Then, on May 18, Full Moon Meditation Alchemy of the Senses will be offered in the Edison caretaker's house at 11 a.m.

Although yoga has been around for more than 5,000 years, it has become increasingly popular during the past decade and is known to offer many health benefits. This one-hour

yoga class, taught by a certified yoga instructor from Gulfshore Yoga, will allow guests to step away from all the 21st century gadgets and focus on the moment.

Participants should bring a yoga mat, water and a towel. The skill level is beginner to intermediate. Cost of each class is \$15 for Edison Ford members and \$20 for non-members. Admission to the site is not included.

In the meditation class, participants will learn how to relax, breathe and enjoy a personal journey through sound vibration with singing bowls and drums. Meditation has been shown to reduce stress and help people experience a deep sense of peace. The class is taught

by Dolores J. Gozzi, a licensed massage and alternative therapist.

Participants should bring something to lie on such as a yoga mat or towel, water and a small pillow. Cost is \$20 for Edison Ford members and \$25 for

non-members. Admission to the site is Sunday, not included.

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information or to register, visit [www.edisonford.org](http://www.edisonford.org).✱



A flight of beers

photo provided

## Celebration For National Beer Day

Fort Myers Brewing Company, Lee County's first microbrewery, will recognize National Beer Day on Sunday, April 7 with a special holiday celebration featuring beer, food and live music.

National Beer Day commemorates the date, April 7, 1933, that Franklin Roosevelt signed a law permitting Americans to brew and sell beer.

Fort Myers Brewing will have 20

beers on tap for National Beer Day, including several specialty and small batch brews. Doc Ford's Rum Bar & Grille will provide appetizers and entrées from the restaurant's food truck, and North Island Duo will perform music in the afternoon.

Fort Myers Brewing also will release two new cans of its popular drafts on National Beer Day: Clean Shave, a popular American IPA, and Sand Loafer, an American pale wheat ale that recently won a gold medal at the 2019 Best Florida Beer Competition.

Fort Myers Brewing Company is located at 12811 Commerce Lakes Drive, Suite 28, in Fort Myers. Hours of operation are noon to 8 p.m.✱

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Lee County Community Band

photo provided

## Lee County Band To Perform On Sunday

The Lee County Community Band will present April in Paradise, its last concert of season, at Cape Coral High School on Sunday, April 7 at 3 p.m.

Under the baton of Richard Bradstreet, the band will perform Dixieland, lively marches, patriotic favorites, Broadway hits, and more. Selections include a tribute to Louis Armstrong; *Big Band Polka*, and *The*

*Magic of Andrew Lloyd Webber*, including themes from *Superstar*; *Don't Cry for Me, Argentina*; and *Phantom of the Opera*.

The band will resume rehearsals in October, and its first performance of the 2019-20 season will on November 10.

The 60-member band is comprised of professional and amateur musicians from all walks of life who reside in Lee, Collier, and Charlotte counties. For more information, call John Fenn at 454-6430.

Cape Coral High School is located at 2300 Santa Barbara Boulevard in Cape Coral. For more information, visit [www.leecountyband.org](http://www.leecountyband.org).✱

## Love That Dress! Collection Series

Pace Center for Girls, Lee County will kick off its 11th annual Love That Dress! collection series with a celebration of fashion and giving at Fort Myers Infiniti on Thursday, April 11 from 5:30 to 7:30 p.m.

Love That Dress! is an annual campaign soliciting donations of new and gently loved dresses, handbags, shoes and accessories. A series of social events helps build inventory, and the campaign culminates with what's described as "the ultimate feel-good shopping spree" in which supporters enjoy an evening of shopping, music, cocktails and a silent auction.

The kick-off event will feature a full cash bar, appetizers and a special performance from the girls and young women of Pace. There is no cost to attend, but guests who bring a donation will be entered into a prize drawing and have an opportunity to purchase discounted tickets for this fall's Love That Dress! event. Additional raffle baskets are available, and Pace girls will be selling pieces from their exclusive collection of artwork.

Guests at the kickoff also can be among the first to purchase tickets for a chance to win a 24-month lease on a new 2019 Infiniti QX50 SUV. Only 150 tickets will be sold, and the winner will be drawn at Love That Dress! on August 21.

Sponsors for the kickoff event include Fort Myers Infiniti, Naples Flatbread and Boost Creative.

Proceeds from Love That Dress! events support Pace Center for Girls' programs



Nicole Nunez and Diana Willis at last year's collection series

photo provided

and services, which assist girls ages 11 to 18 who have multiple risk factors impacting their academic achievement, including family income, substance abuse, domestic violence, foster home placement, neglect, grief, incarceration of a family member and physical, emotional or sexual abuse.

In 2018, more than 450 fashionistas and community supporters attended the 10th annual Love That Dress! fundraiser in August, helping raise more than \$157,000 to support Pace Center for Girls, Lee County.

Fort Myers INFINITI is located at 14990 South Tamiami Trail in Fort Myers. For more information, visit [www.pacecenter.org/locations/lee](http://www.pacecenter.org/locations/lee) or call 425-2366.✱

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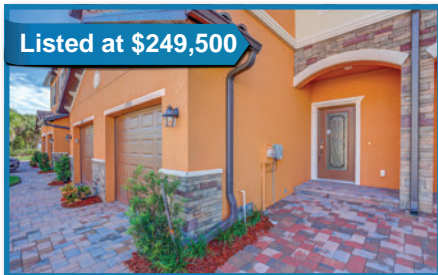
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## Touch A Truck Event Saturday

Lee County Transit (LeeTran) and Lee County Emergency Medical Services (EMS) will be participants in the upcoming Cape Coral Touch a Truck 2019 event on Lafayette Street between Cape Coral Street and Vincennes Street on Saturday, April 6 from 9 a.m. to 3 p.m.

Touch a Truck is a family-friendly event at which children of all ages can explore and discover a variety of vehicles such as fire trucks, police motorcycles, swamp buggies, ambulances and buses. Participants will receive a truck passport

and can visit designated locations similar to a scavenger hunt for a chance to win a prize. Admission is free. Event organizers recommend bringing a camera; parent supervision is required.

LeeTran will have a bus on display for attendees to board, and representatives will be available to answer questions. The EMS ambulance will offer children the opportunity to see the inside of the vehicle and the equipment paramedics use.

To learn more about LeeTran, visit [www.rideleetrans.com](http://www.rideleetrans.com) and plan a route using the transit option. For Lee County EMS information, go to [www.leegov.com/publicsafety](http://www.leegov.com/publicsafety). For Touch a Truck's event page, visit [www.facebook.com/capecoraltouchatruck](http://www.facebook.com/capecoraltouchatruck).✱

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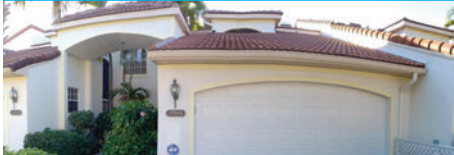

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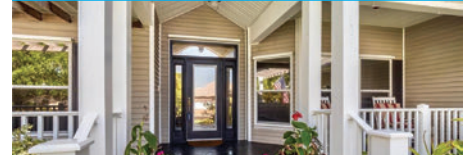
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Fort Myers Art:

# Musical About A Thrift Store At Broadway Palm



by Tom Hall  
**S**econd Chances: The Thrift Shop Musical opened April 4 on the main stage at Broadway Palm Dinner Theatre. It's a funny, yet inspirational, musical comedy

about the quirky characters that run The Second Chances Thrift Shop. You'll meet the hilarious lead clerk who always brings sunshine to the day with humor, the couple who work in the collection area and discover that you can find love later in life, the young mother and new shop manager trying to start over, and more.

When the thrift shop is threatened to be sold by the greedy landlord, the team won't stand for it. Spend a year with the loveable, yet quirky, group and see how they band together to save the shop and, in the process, discover it's not just old treasures that are getting second chances.

The show is the brainchild of Broadway Palm co-founder Tom Prather. He started working on the project in earnest early in 2015 and, by that summer, the script was done. The songs



A scene from *Second Chances: The Thrift Shop Musical* photo courtesy [www.artswfl.com](http://www.artswfl.com)

came from Broadway Palm regulars Chris Russell (music) and Megan Orlowski (lyrics).

Musical styles included a rock/soul number, some standard musical-theater songs, a 1920's soft shoe featuring a drag queen, a rap song about the thrift shop's rules and a ukulele song called *If Our Love Is Gone*. There's even a reference to the Macklemore & Ryan Lewis hit *Thrift Shop* in one of the songs.

According to Prather, the thrift shop is a metaphor for people opening a new chapter in their lives. Every character in the show is getting a second chance at

life, in one way or another.

The show's characters were partly inspired by the people Prather met at the Iona-Hope Episcopal Church thrift shop. He volunteered at the south Fort Myers shop every Wednesday when he wasn't in Arizona or working at Broadway Palm's sister theater in Lancaster, Pennsylvania, The Dutch Apple Dinner Theatre. As he worked putting tags on items, hanging clothes and doing whatever else needed to be done, he picked up lines and material from the employees

and shoppers filing through the store – although none of the characters in the show are either real or autobiographical. To the contrary, Prather developed the characters with specific Broadway Palm actors in mind.

After premiering in the Off Broadway Palm in 2015, the musical enjoyed a limited engagement in May 2016 at the Sugden Community Theatre on a bigger stage, which necessitated some editing, revisions, shorter scene changes and new music. The show was then performed at The Dutch Apple Dinner Theatre in 2017.

With its return to Broadway Palm's main stage, this beloved show has now come full circle.

*Second Chances* runs through May 12.

## Update On Fort Myers Film Festival Articles, Advances And Profiles

For all things Fort Myers Film Festival, which begins Wenesday, April 10 and runs through Sunday, April 14, visit [www.artswfl.com/newsfeed/march-22-31-2019/actors-artists-film-makers-and-events-in-the-news-march-22-31-2019](http://www.artswfl.com/newsfeed/march-22-31-2019/actors-artists-film-makers-and-events-in-the-news-march-22-31-2019).

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.✴*

## Pride Cape Coral This Weekend

Cape Coral's inaugural Pride celebration will feature a parade, live entertainment and a Sunday brunch on Saturday and Sunday, April 6 and 7. The event is expected to bring thousands to South Cape, designated as Cape Coral's entertainment district.

Hosted by South Cape Hospitality & Entertainment Associations (SCHEA), Pride Cape Coral kicks off at 4:30 p.m. on Saturday. At 5:30 p.m., performers, dignitaries and members of the LGBTQ community will travel the PRIDE Parade, along SE 47th Terrace, between SE 15th Avenue and SE 8th Court. The fun will continue on SE 10th Place, where local and national talent take to the big stage. In addition to the entertainment, there will also be food trucks, beer tents, vendors and a designated kids activities area.

"As the eighth largest city in Florida, Cape Coral boasts a growing and diverse community comprised of people from all walks of life, and we look forward to celebrating that spirit of inclusion with this event," said SCHEA Executive Director Karmen Forrester. "As an all ages event, Pride Cape Coral will have something for everyone."

Sonique will serve as the parade's grand marshal. The nationally-known drag queen, dancer and transgender activist most recently appeared on RuPaul's Drag Race Holi-slay Spectacular and was a backup dancer for Christina Aguilera at LA Pride.

Other guests and performers include Sheena Brook, a Southwest Florida native who was hand-picked by Adam Levine on season 12 of *The Voice*; up-and-coming

singer/songwriter Madison, daughter of Journey keyboardist Jonathan Cain; and local drag queen Daye Nada.

"LGBTQ/Gay Pride is about acceptance, civil rights, and coming together as a community," said AJ Ford, a member of the LGBTQ community. "I hope people will open their minds and hearts and embrace an event that will bring positive change and inclusivity to an already rapidly growing and diverse community."

Saturday's entertainment is provided free of charge. Sunday brunch seating is limited and tickets cost \$25. PRIDE Cape Coral merchandise will be available for sale at the event, and 25 percent of the event's net proceeds will be donated to Visuality Florida, a nonprofit organization that strives to end violence, harassment and discrimination based on real or perceived sexual orientation, gender identity or sexual expression.

For more information about Pride Cape Coral, to participate in the parade, or to become a sponsor or vendor, visit [www.pridecapcoral.com](http://www.pridecapcoral.com).✴

## Power Squadron Yard Sale

The San Carlos Bay Power Squadron, a 501(c)3 non-profit boating organization, will be hosting a yard sale on Sunday, April 7 from 8 a.m. to 4 p.m. Everything from kitchen items to boating accessories will be available for purchase.

The San Carlos Bay Power Squadron is located at 16048 San Carlos Boulevard in Fort Myers.✴

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## AVAILABLE HOMES FOR SALE

### 12284 Apollo Drive

2BR/1bath, split bedroom plan, new roof over extra-long carport ONLY, laminate/ carpet floors, large kitchen, walnut paneled walls.  
**\$23,000**

### 12178 Apollo Drive

2BR/2baths, AMS roof over, new washer/dryer inside home, kitchen island with built-in stove-top, across the street from Club House, pool/Jacuzzi.  
**\$35,500**

### 12210 Venus Drive

2BR/2baths large kitchen adjoining dining room 2 good size bedrooms, Florida room, some furniture. This home needs some tender loving care.  
**\$44,000 - PRESENT ALL OFFER**

### 12221 Venus Drive

2BR/2baths Bay window in Kitchen. Florida Room set up as a Man Cave including bar, All furniture included with few exceptions.  
**\$47,500**

### 12229 Apollo Drive

2BR/2baths, ceramic kitchen floor, new sinks in kitchen/bath. Roof over, entire home redone in last 2 years.  
**\$47,800**

### 16301 Gemini Court

2BR/2baths, on a large corner lot, Refrigerator, Stove and Air Conditioning 2004. Ceramic tile floors and carpet, screened porch, lots of storage area.  
**\$49,000**

### 12222 Venus Drive

2BR/2baths, air conditioner new in 2009, AMS roof-over, glass enclosed Florida Room, laminate floors throughout, except for carpet in master bedroom, new stove in 2013, Bay window in front kitchen.  
**\$51,000**

### 12231 Venus Drive

2BR/2baths, attractive residential-style home, new windows throughout, new cabinets/sinks both bathrooms, upgraded kitchen appliances, new counter-tops, full-size shower in Master Bathroom, roof-over, new plumbing throughout, electrical up to code, furniture upgraded.  
**\$55,500 SALE PENDING**

### 12240 Apollo Drive

2BR/1-1/2baths, EVERYTHING NEW, appliances, flooring, all furniture/accessories, generator etc. goes with house.  
**\$60,000**

### 12194 Apollo Drive

3BR/2baths, split bedroom plan, lap siding, garden tub in master, very spacious, private back yard.  
**\$59,900 SALE PENDING**

### 12230 Apollo Drive

2BR/2baths, spacious home, great Florida room, large living-dining room next to the kitchen, wood floors throughout, private backyard.  
**\$68,500**

### 12217 Mars Drive

2br/2baths, completely renovated, new vinyl siding, open kitchen with island and bay window, all modern appliances, new A/C, new roof over, new hurricane windows, new entrance doors, River rock driveway.  
**\$87,500 ABSOLUTELY GORGEOUS**

### 12232 Venus Drive

2BR/2baths New 2015 AMS Roof over! Vinyl lap-siding. Newly renovated! Bay windows across front with open, spacious floor plan. Replaced insulation under home and vapor barrier installed. Complete replacement of circuit breaker box. Screen porch off of carport. New landscaping. Classic & refreshing home!  
**\$96,500**

### 16244 Mercury Way

2BR/2 baths, 2008 Model, vinyl siding, beautiful home, carpet and tile, modern kitchen with island, enclosed porch, Florida Room, inside washer and dryer, \$40,000 of extras.  
**\$110,000**

**This is only a brief description  
of the homes for sale!**

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**16271 McGregor Boulevard, Fort Myers • [www.Century21mc.com](http://www.Century21mc.com)**



## Along The River

Neil Zirconia, a Neil Diamond tribute entertainer, will perform Diamond's greatest hits at the Edison and Ford Winter Estates' **Rhythm on the River celebration** in the **River Pavilion** this Friday, April 5 at 6 p.m.

Event tickets purchased in advance are \$15 for Edison Ford members and \$20 for non-members. They may be reserved online at [www.edisonford.org](http://www.edisonford.org) or the ticket counter at Edison and Ford Winter Estates. A limited number of tickets will be available at the door for \$25 for both members and non-members. A cash bar will be available. All guests should bring a folding lawn chair, as seating will not be provided.

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information, visit [www.edisonford.org](http://www.edisonford.org).

The **Fast and the Furriest**, the pet-friendly 5K race/1-mile walk and one of Gulf Coast Humane Society's biggest fundraisers, will be at held at **Hammond Stadium** this Saturday, April 6. Registration runs from 6 to 7 a.m. and the race starts at 7:30 a.m.

The first 500 5K runners and one-mile walkers will earn a Finisher Medal, with the top fundraiser receiving a trophy. Traditional age group medals will be awarded to top chipped runners and to the fastest dogs in three weight categories. The coveted Triple Crown Awards will also be presented.

To register, sponsor or be a vendor, visit [www.gulfcoasthumanesociety.org/the-fast-the-furriest.html](http://www.gulfcoasthumanesociety.org/the-fast-the-furriest.html) or contact Aimee McLaughlin at [events@gulfcoasthumanesociety.org](mailto:events@gulfcoasthumanesociety.org)



The Fast and the Furriest run-walk event is dog-friendly

photo provided

[gulfcoasthumanesociety.org](http://gulfcoasthumanesociety.org) or 332-0364 ext. 321.

The Guardian Angels for Special Populations is hosting the 11th annual **Fashion Show and Auction** at the **Westin Cape Coral Resort** at Marina Village this Saturday, April 6. Doors open at 10 a.m., and the event will begin at 11 a.m. Proceeds will benefit Special Populations.

Activities include a gourmet lunch prepared by Chef Victoria Wenning, a live auction hosted by Fox 4 News anchor Patrick Nolan, silent auction, pick-a-prize game, wine pull, grab bags, a 50/50 drawing, a grand prize square board game and Lotto board raffle. Special Pop's program participants will be the fashion show models in summer designs from JC Penney.

Tickets are \$40 and available at the Freida B. Smith Special Populations Center, 410 Santa Barbara Boulevard in Cape Coral, by visiting [www.myspecialpops.org](http://www.myspecialpops.org) via PayPal, at Pop's Café located in Cape Coral City Hall or by calling 574-0574.

The Westin Cape Coral Resort at Marina Village is located at 5951 Silver King Boulevard in Cape Coral. For more information, call 574-0574 or visit [www.myspecialpops.org](http://www.myspecialpops.org).

Members of the Fort Myers Police Department will hold their second family friendly **fundraiser and silent auction** for COACH (Community Outreach Against Child Hunger) at **Millennium Brewing Company** on Saturday, April 6 from 4 to 7 p.m.

The community outreach program supplies children and families of Franklin Park Elementary a week of daily dinners each month of the school year. The three-hour event will feature a 50/50 drawing, raffle prizes food trucks, kid's area and a variety of silent auctions items.

Millennium Brewing Company is located at 1811 Royal Palm Avenue in Fort Myers. For more information on the event or to donate to COACH, email [jgarrett@fmpolice.com](mailto:jgarrett@fmpolice.com).

The 9th annual **Fort Myers Film Festival** will hold the Black Tie Red Carpet **Opening Night Gala** at the **Sidney & Berne Davis Art Center** on Wednesday, April 10 at at 5:30 p.m. for drinks, mingling and musical entertainment with local and international filmmakers prior to the featured movie at 7 p.m.

The opening night film is *A Man and His Trumpet: The Leroy Jones Story*, directed by Cameron Washington. Washington and featured jazz trumpeter Leroy Jones will be in attendance. Tickets are \$25 for the movie only. VIP tickets are \$150 for the movie, the pre-party and the Red Carpet After Party, which will include a jazz concert featuring Jones, a fully stocked bar and a chance to meet with the stars of the evening's film, other filmmakers and event VIPs.

The festival continues from April 11 to 14 with indie movie viewings at select venues.

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. For more information, visit [www.sbdac.com/fort-myers-film-festival-2019](http://www.sbdac.com/fort-myers-film-festival-2019).

## Secret Art Mission Highlights FSW Research Expo

Florida SouthWestern State College (FSW) presents its spring Research Expo at Thomas Edison Campus Rush Auditorium, Building J, Room 103 on Wednesday, April 10 from 11 a.m. to 3 p.m. The Research Expo will showcase the research several FSW students, faculty and staff have focused on throughout the semester. The expo is free and open to the public.

Jade Dellinger, director of the Bob Rauschenberg Gallery, will present a lecture on Bob Rauschenberg, *EAT & The Moon Museum: Apollo's XII's Secret Art Mission*. Dellinger has served more than five years as director of exhibitions and collections at FSW, but is known best locally for his exhibition program and related events at FSW's Bob Rauschenberg Gallery.

With a master's in arts administration from New York University, Dellinger has collaborated on curatorial projects with major museums in the U.S., Europe, Mexico and South America for more than two decades prior to his arrival in Southwest Florida. Over the last five years, he has presented his research on Bob Rauschenberg & The Moon Museum: Apollo XII's Secret Art Mission at the invitation of the U.S. Department of State at museums, galleries and universities in Tbilisi, Georgia; Caracas, Venezuela; Kyiv, Ukraine; Ljubljana, Slovenia and



Jade Dellinger

photo provided

elsewhere.

Additionally, Dr. Henry Hermann, professor of biology, will present a lecture on *Defensive Mechanisms in Social Insects*, and a poster session, featuring research by FSW students, faculty and staff, can also be viewed.

For a full event schedule and research topic listing, visit [www.fsw.edu/facultystaff/ospr/lecture](http://www.fsw.edu/facultystaff/ospr/lecture).

FSW is located at 8099 College Parkway in Fort Myers. For more information, contact Dr. Joseph van Gaalen, assistant vice president of institutional research, assessment, and effectiveness, at 433-6965 or [Joseph.VanGaalens@fsw.edu](mailto:Joseph.VanGaalens@fsw.edu).

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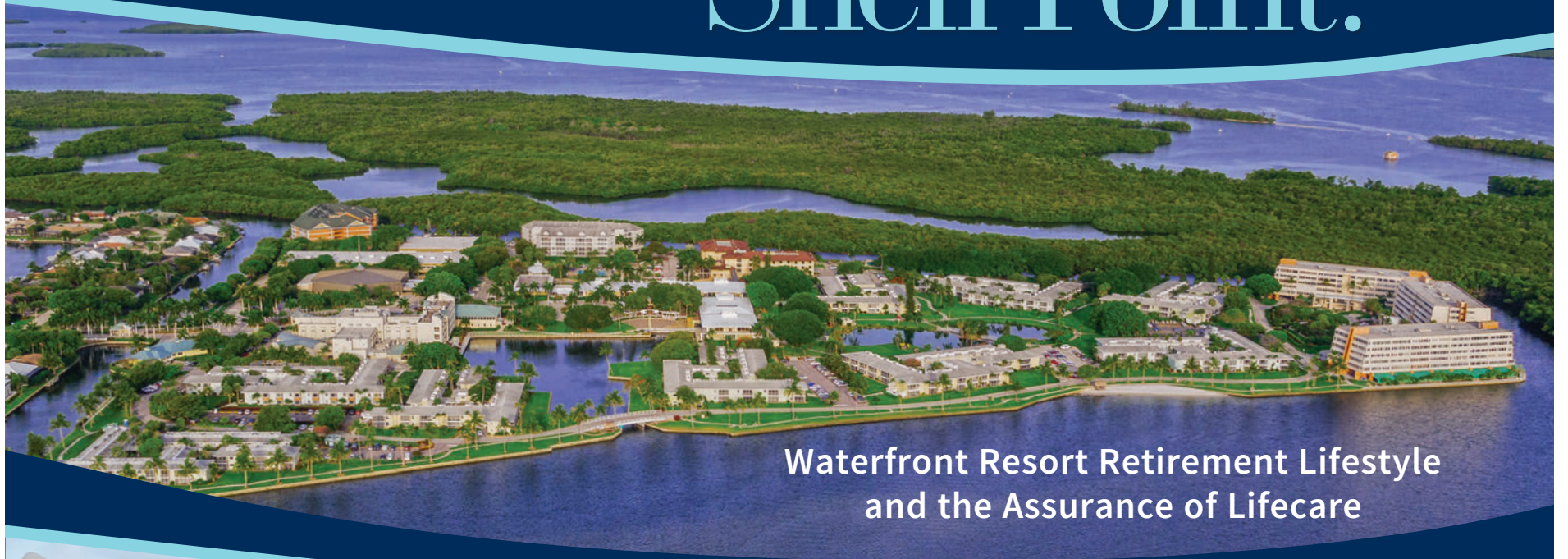
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Members of the Southwest Florida Community Foundation and Michigan's Battle Creek Community photo provided

## Foundations Meet At Luncheon

The Southwest Florida Community Foundation recently hosted Michigan's Battle Creek Community Foundation at Collaboratory for the Inaugural C3 Luncheon, Calhoun County Connections.

The inaugural luncheon included 50 members of Battle Creek's Community Foundation meeting with members of the Southwest Florida Community Foundation to share the impactful work being done in both Florida and Michigan.

Foundation CEOs Sarah Owen, of Southwest Florida, and Brenda Hunt, of Battle Creek, spoke about the unique work

happening in their respective communities. There were many parallels from the renovation of an historic site for foundation offices to work in attainable housing, college access networks and workforce development. Carrie Freeman of Second Muse addressed the group about alignment involving the B Corporation's work in both communities in economic development.

"It was inspiring to bring people together who care passionately about their hometown community and their either new or seasonal community," said Sarah Owen, president & CEO of the Southwest Florida Community Foundation. "There are so many similarities between us on the issues and opportunities we share in our communities – we hope we can explore ways to work together on something in the future."

## Churches/Temples

**ALL FAITHS UNITARIAN CONGREGATION**  
Service 9, and 11 a.m. Children's RE, Adult Education Forum 10 a.m., [www.allfaiths-uc.org](http://www.allfaiths-uc.org), 2756 McGregor Boulevard, 226-0900.

**ALL SAINTS BYZANTINE RITE CATHOLIC**  
Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

**ANNUNCIATION GREEK ORTHODOX**  
Sunday 9 and 10 a.m., [www.annunciation.fl.goarch.org](http://www.annunciation.fl.goarch.org), 8210 Cypress Lake Drive, 481-2099.

**BAT YAM-TEMPLE OF THE ISLANDS**  
Friday Shabbat at 7 p.m. [www.batyam.org](http://www.batyam.org), 2050 Periwinkle Way, 579-0296.

**BETH SHILOH MESSIANIC SYNAGOGUE**  
Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

**BIBLESHARE**  
10 a.m. Sunday and 7 p.m. Tuesday, [www.simplysimpleworship.com](http://www.simplysimpleworship.com), 7050 Winkler Road, Suite 121, 437-8835.

**BREAD OF LIFE MINISTRIES**  
Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

**CHABAD LUBAVITCH ORTHODOX**  
Friday 6:30 p.m., [www.chabadswf.org](http://www.chabadswf.org), 5620 Winkler Road, 433-7708.

**CHAPEL OF CYPRESS COVE**  
Sunday 10 a.m., [www.revtedalhouse@aol.com](mailto:www.revtedalhouse@aol.com) 10200 Cypress Cove Circle, 850-3943.

**CHURCH OF THE CROSS**  
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

**CONGREGATIONAL**  
Sunday 10:30 a.m., [www.taecc.com](http://www.taecc.com), 1619 Llewellyn Drive, 334-4978.

**COVENANT PRESBYTERIAN**  
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

**CYPRESS LAKE BAPTIST**  
Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive,

481-5442.

**CYPRESS LAKE PRESBYTERIAN**  
Sunday 8, 9, 10 and 11 a.m. [www.clpc.us](http://www.clpc.us), 8260 Cypress Lake Drive, 481-3233.

**CYPRESS LAKE UNITED METHODIST**  
Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

**FAITH FELLOWSHIP WORLD OUTREACH**  
Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m., 6111 South Pointe Boulevard, 278-3638.

**FAITH UNITED METHODIST**  
Sunday 8:45 and 10:30 a.m., 15690 McGregor Boulevard, 482-2030.

**FIRST CHURCH OF CHRIST, SCIENTIST**  
Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., [www.christiansciencefortmyers.net](http://www.christiansciencefortmyers.net), [www.christianscience.com](http://www.christianscience.com). 2390 West First Street, 334-6801.

**FIRST CHURCH OF THE NAZARENE**  
Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.

**FIRST UNITED METHODIST CHURCH**  
Sunday 9:30 a.m. and 5:30 p.m. [www.fumcftmyers.org](http://www.fumcftmyers.org), 2466 First Street, 332-1152.

**FORT MYERS CHRISTIAN**  
Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

**FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;**  
Sunday 10 a.m., 8210 College Parkway, 482-3133.

**FIRST PRESBYTERIAN CHURCH OF FORT MYERS**  
11 a.m. Sunday, [www.fpcfmyers.org](http://www.fpcfmyers.org), 2438 Second Street, 239-334-2261

**IONA-HOPE EPISCOPAL CONGREGATION**  
Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

**JESUS THE WORKER CATHOLIC**  
Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.

**KINGDOM LIFE**

Founded in 1974, the Battle Creek Community Foundation has served as a community catalyst utilizing the energy and interests of its donors and volunteers to create awareness and action for positive change. Through the leadership of countless community members, they are an organization whose fabric now includes developing volunteer leadership and serving as a convener to develop a solution or new partnership.✧

## Beach Art Group Student Exhibit And Reception

The Fort Myers Beach Art Association (FMBAA) will hold a student exhibit in its gallery from Saturday, April 6 to Wednesday, April 10. Winners and college scholarships will be awarded at a reception on Sunday, April 7 from 1 to 3 p.m.

The annual Student Scholarship Show and awards will contain works from college bound seniors from Cypress Lake Center for the Arts, Cypress Lake High School as well as the work of sixth through eighth graders from Lexington Middle School. The show and awards are supported financially through grants by the yearlong fundraising activities of FMBAA members.

Anita Putnam and Carolyn Johns will be the judges.

FMBAA is located at 3030 Shell Mound Boulevard on Fort Myers Beach.

Sunday 10:30 a.m., 2154 McGregor Boulevard, 218-8343.

**LAMB OF GOD**  
Sunday 7:45 and 10 a.m., [www.lambofgodchurch.net](http://www.lambofgodchurch.net), 19691 Cypress View Drive, 267-3525.

**NEW BEGINNINGS CENTER**  
Friday 6:30 and 7 p.m. [nbcministry@embarqmail.com](mailto:nbcministry@embarqmail.com), [facebook.com/nbcministry](https://facebook.com/nbcministry), 8505 Jenny Cae Lane, 656-0416.

**NEW COVENANT EYES**  
Monthly 9 a.m., [www.newcovenanteyes.com](http://www.newcovenanteyes.com), 1900 Park Meadows Drive, 220-8519.

**NEW HOPE BAPTIST**  
Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

**NEW HOPE PRESBYTERIAN**  
Sunday 8, 9:30 and 11 a.m., [www.newhopefortmyers.org](http://www.newhopefortmyers.org), 10051 Plantation Road, 274-1230.

**PEACE COMMUNITY**  
Sunday 10:30 a.m. [www.peacecommunitychurch.com](http://www.peacecommunitychurch.com), 17671 Pine Ridge Road, 267-7400.

**PEACE LUTHERAN**  
Sunday 8 and 10 a.m., [www.peaceftmyers.com](http://www.peaceftmyers.com), [peace@peaceftmyers.com](http://peace@peaceftmyers.com). 15840 McGregor Boulevard, 437-2599.

**REDEEMER LUTHERAN**  
Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

**RIVER OF LIFE ASSEMBLY OF GOD**  
8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

**SAMUDRABADRA BUDDHIST CENTER**  
Meditation classes. [www.MeditationInFortMyers.org](http://www.MeditationInFortMyers.org), 567-9739.

**SAINT COLUMBKILLE CATHOLIC**  
Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

**ST. FRANCIS XAVIER CATHOLIC**  
Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland

For more information, visit [www.fortmyersbeachart.com](http://www.fortmyersbeachart.com) call 463-3909 or stop by the gallery.✧

## Zonta Club To Hold Derby Party

The Zonta Club Fort Myers will hold Run for the Roses at the Crowne Plaza Fort Myers at Bell Tower Shops on Saturday, May 4 from 5 to 8 p.m. The event will feature cash bar, southern fare, games, contests, silent auction and the greatest two minutes of sports with the 145th Kentucky Derby.

Proceeds of Run for the Roses will benefit the Zonta Foundation of Southwest Florida, which supports the empowerment of women in political, economic, social and educational advancement. Suggested attire includes bowties for gentlemen and derby hats for women.

Crowne Plaza Fort Myers at Bell Tower Shops is located at 13051 Bell Tower Drive in Fort Myers. For tickets, visit [www.eventbrite.com/e/run-for-the-roses-derby-party-with-zonta-club-of-fort-myers-tickets-57654171178](http://www.eventbrite.com/e/run-for-the-roses-derby-party-with-zonta-club-of-fort-myers-tickets-57654171178). For silent auction donations, send an email to [zontclubfortmyersfl@gmail.com](mailto:zontclubfortmyersfl@gmail.com).✧

## Dean's List

Fort Myers native Alexa Prejna was recently named to the Dean's List for the 2018-19 winter term at Augustana College in Rock Island, Illinois. She is majoring in environmental studies.✧

Avenue, 334-2161.

**SAINT JOHN THE APOSTLE METROPOLITAN**  
Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.

**SAINT MICHAEL LUTHERAN**  
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

**SAINT NICHOLAS MONASTERY**  
Sunday 9:30 a.m., [www.saintnicholasmonastery.org](http://www.saintnicholasmonastery.org), 111 Evergreen Road, 997-2847.

**ST. VINCENT DE PAUL CATHOLIC**  
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

**SOUTHWEST BAPTIST**  
Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

**TEMPLE BETHEL SYNAGOGUE**  
Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., [www.templebethel.com](http://www.templebethel.com), 16225 Winkler Road, 433-0018.

**TEMPLE JUDEA (CONSERVATIVE)**  
Friday 6:30 p.m. and Saturday 9 a.m., [www.tjswfl.org](http://www.tjswfl.org), 14486 A&W Bulb Road, 433-0201.

**THE NEW CHURCH**  
Sunday 11 a.m., [www.newchurchflorida.com](http://www.newchurchflorida.com), 10811 Sunset Plaza Circle #401, 481-5535.

**UNITARIAN UNIVERSALIST**  
Sunday 10:30 a.m., [www.uucfm.org](http://www.uucfm.org), 13411 Shire Lane, 561-2700.

**UNITY OF FORT MYERS**  
Sunday 10 a.m., [www.unityoffortmyers.org](http://www.unityoffortmyers.org), 11120 Ranchette Road, 278-1511.

**WESTMINSTER PRESBYTERIAN CHURCH**  
Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

**WORD OF LIFE**  
Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

**ZION LUTHERAN**  
Sunday 8, 9:30 and 10:45 a.m., [www.zionfm.org](http://www.zionfm.org), 7401 Winkler Road, 481-4040.✧



## CROW Case Of The Week:

## White-Tailed Deer

by Bob Petcher



A white-tailed deer (*Odocoileus virginianus*) is the smallest member of the North American deer family. These beautiful creatures are herbivores and leisurely graze on most available plant

foods, including leaves, twigs, fruits, nuts, grass, corn, alfalfa and even fungi.

White-tailed deer are primarily nocturnal or active during twilight. A deer's home range is usually less than a square mile. After nearing extinction, strict game-management measures have helped restore the white-tailed deer population.

White-tailed deer fawns tend to have a reddish-brown coat with white spots that help them blend in with the forest. They lose their spots three to four months after birth. As the spots disappear, the fawn's coat also changes from its reddish color to a grayish winter coat.

Interestingly, when a fawn is born, it is odorless so that predators are not attracted to its location. In fact, the mother doe will stay away from the fawn for a few days so that her scent does not rub off on the fawn or attract predators to the area where the fawn is hiding while gaining strength.

Fawns will use their speed and agility to outrun predators, such as bobcats,

mountain lions and coyotes. They can sprint up to 30 miles per hour and leap as high as 10 feet and as far as 30 feet in a single bound.

When a deer's habitat becomes smaller because of human development, deer will often eat food from gardens. Unfortunately, deer need to cross roads to look for food and water and are sometimes struck by cars.

At CROW, a white-tailed deer fawn was admitted after being rescued along the side of the road near the Southwest Florida International Airport. The finder reported that the fawn was repeatedly falling over when trying to stand and evade being captured. When the fawn arrived at CROW, it was hyperventilating and overheated.

"There are many reasons for a fawn to present to the hospital that way – trauma or infection are the most likely causes of its neurologic signs," said Dr. Robin Bast, CROW's staff veterinarian. "The fawn was in shock which could be caused from a trauma, such as being hit by car, or being debilitated from infection that is affecting the nervous system."

Veterinarians quickly placed the fawn in an oxygen chamber and used ice packs to cool it down. Later, after the fawn was observed standing in the oxygen chamber, it was given oral electrolytes and a catheter was placed to administer fluids.

"Oxygen supplementation is an important part of stabilizing any patient that comes into the hospital in a state of shock," said Dr. Bast. "The fawn was able to be removed from oxygen within 24 hours."



Patient #19-0809 was humanely euthanized after irreparable jaw fractures were found which resulted in its difficulty in feeding photo by Brian Bohlman

During a brief exam, it was noted that the fawn had a two centimeter laceration on its lower jaw, a laceration on its left front limb just above the hoof and a small laceration on its left eyelid.

"The minor abrasions were cleaned, but there were not any lacerations that required bandaging," said Dr. Bast.

X-rays were taken just a few days after the patient was admitted on March 28. The results were not positive.

"Over the weekend, the fawn had a difficult time feeding and radiographs were taken once the patient was stable enough to undergo anesthesia," said Dr. Bast. "Unfortunately, irreparable jaw fractures

were found. Since this made the fawn's prognosis for survival poor as it was unable to feed, it was humanely euthanized. Given the extent of the injuries, the fawn was most likely hit by a car and sustained head trauma resulting in the jaw fractures and neurologic symptoms."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).

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# Hot Spanish Mackerel Bite



by Capt. Matt Mitchell

Catching quality fish this week required grinding it out as snook and redfish did not come easy. These fish are spread out and, with cooler mornings dropping

water temperatures, we did catch them but it was often slow going. Once things warmed up by the afternoon, we got shut down with slow to no tide movement. Thankfully we had a variety of other species to catch that would keep the rods bent when the snook did not want to cooperate.

Watching snook laid up and not responding to a bait was frustrating. Chumming them with live bait would not sometimes not even get a response. Oyster bars in the middle sound were most productive for me this week with the shallow clear water holding lots of fish. Seeing snook laid up in sand holes before you even pitch a bait gives you much more patience than when you don't even know they are there.

Both Redfish and Captiva passes were great places to fish this week with lots of mackerel, jacks and ladyfish. Setting up on the edges of the passes and chumming live shiners in the

moving current had Spanish mackerel as big as 28 inches exploding on the surface. When mackerel fishing with shiners, I like to use a small piece of light 17-pound test single-strand wire leader to avoid the cut-offs. Once these mackerel are fired up, a small heavy silver spoon rigged with a J-hook is hard to beat. It can be cast a mile and can be ripped across the surface. Casting to breaking fish is a fun way to catch these fish, or if you like something a little more relaxing, trolling these same spoons will also catch em.

Inside the passes have been good for ladyfish, jacks and a few pompano. A silly willy jig cast that bounced slowly across the bottom has caught all these species. Watch for the pompano to skip while you are idling around these areas. Once you do catch a pompano, put a GPS mark so you can re-drift the crime scene.

Shark fishing in Rocky Channel and the inside of Captiva Pass has also been another option, with sharks of all types being caught while soaking cut baits. While out shark fishing this week, we had rolling tarpon all around us for over an hour during a morning charter. Seeing these tarpon everywhere really fires you up for tarpon season, which is just around the corner.

*Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).* ✨



Jeff Nicholson with a 30-inch redfish with 19 spots caught while fishing with Capt. Matt Mitchell this week photo provided

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Plant Smart

# Common Ragweed

by Gerri Reaves

Common ragweed (*Ambrosia artemisiifolia*) has a negative reputation to overcome. The very name is code for allergy, sneezes and misery.

People with allergies, hay fever and asthma suffer because of its abundant airborne pollen and, unfortunately, the flowering season is long in Florida.

Like eastern poison ivy (*Toxicodendron radicans*), common ragweed is one of those native plants whose redeeming features don't always overcome their undesirable characteristics.

However, people who are not allergic to ragweed can entertain another way of looking at the plant — as a native wildflower, member of the aster family, and source of food and cover for terrestrial birds.

This weed is found throughout the state and thrives in a variety of habitats — vacant lots, roadside, canal banks, home landscapes and agricultural fields.

It is also called annual ragweed.

This weed can reach an amazing seven feet tall and grows in full sun to partial shade.

Erect and branching, it has hairy leaves and stems, the latter of which can be green or purple. The leaves, which are deeply divided into many lobes and fern-like, can be raggedy, thus the name ragweed.



Deeply divided leaves give common ragweed a fern-like look

photos by Gerri Reaves

The leaves are opposite at the base of the plant and alternate higher up.

Slender catkins about six inches long appear at the end of the stems. These upper drooping flowers are male, while the lower female ones appear in the leaf axils.

Cuplike involucre, or modified leaflets or bracts, are at the base of the tiny green-brown flowers, giving them a bell-like appearance.

Prolific seed production has much to do with its widespread distribution. A single plant can produce up to 62,000



The pollen from this native wildflower is a curse for those with an allergy to it

seeds that can remain viable for 40 or more years in undisturbed soil.

It also spreads via rhizomes, horizontal underground root-like stems.

Each small ridged woody fruit contains one seed.

On the positive side, common ragweed has medicinal uses. Tea made from the leaves can be applied to swelling or used to treat vomiting or bloody stool.

Take care when handling the plant, for it can irritate the skin.

Sources: *The Guide to Florida Wildflowers* by Walter Kingsley Taylor, *National Audubon Field Guide to Florida* by Peter Alden et al., [www.cabi.org](http://www.cabi.org), <https://edis.ifas.ufl.edu>, [www.uswildflowers.com](http://www.uswildflowers.com), and [www.wildflower.org](http://www.wildflower.org).

*Plant Smart explores the diverse flora of South Florida.\**

From page 1

## Water School

just about the water — it's what the water enables us to do. It's about an integrated opportunity for us to think about water and health, water and policy, water and economics, water and engineering. It's about something that brings the entire region together and impacts every element of our lives."

The Water School will encompass existing bachelor's degrees in environmental studies, environmental geology and marine science as well as master's degrees in environmental science and environmental studies.

One difference between the FGCU school and that of other institutions is that much of the research will focus on watershed issues, said Greg Tolley, professor of marine sciences, who will lead the effort. An inaugural faculty member and founding director of the Coastal Watershed Institute at FGCU, Tolley has been instrumental in developing programs as chairman of the department of marine and ecological sciences.

"The University of South Florida is blue water. The University of Miami is blue water," he said. "We're focused on the connection of that drop of water that hits the landscape, that gets changed as it comes down through our local watersheds and ends up on the Continental Shelf, in

the shallow waters of the Gulf of Mexico."

The Water School researchers will focus on five major themes: 1) Climate change; 2) Restoration and remediation — for example, oyster reef restoration and seagrass planting; 3) Human health — including ciguatera and mercury poisoning and the effects of red tide and blue-green algae on humans; 4) Natural resources, which include fisheries, mangrove forests, beaches and seagrass beds; and 5) Ecosystem integrity — looking at ways to maintain healthy ecosystems.

Plans for The Water School include: State-of-the-art facilities housed in the proposed Integrated Watershed and Coastal Studies Building — 116,000 square feet of space for bench and laboratory courses that will serve as a comprehensive center of STEM activity and will help solve Florida's water problems.

New funding for scholarships, fellowships, symposiums that will attract and retain the best and brightest students, fellows and faculty.

The success of The Water School will hinge on FGCU's ability to secure an additional \$20 million in funding from individuals, corporations, foundations and the state of Florida to expand the university's infrastructure, establish scholarships and fellowships and realign new and current graduate and undergraduate programs within the school.

"More and more people are recognizing the importance of the integration of water into the lifestyle here in Southwest Florida," said Martin. "We're seeing it in

local initiatives, and we're seeing it in the state legislature. The time is right for the community to invest in solutions to our water problems, and FGCU is uniquely positioned to lead the way."

For more information, visit [www.fgcu.edu/thewaterschool](http://www.fgcu.edu/thewaterschool).\*

## Morning Meander At Lakes Park

Take a nature walk with a bird patrol guide at Lakes Regional Park on Saturday, April 6 at 8 a.m.

This easy walk along clear paths offers an opportunity to see birds in native vegetation with experienced bird patrol guides pointing out the many species in Lakes Park, a Lee County birding hot spot and crucial nesting area for many birds. Wear comfortable shoes and dress to be outside. Bring water, sunscreen and binoculars.

This tour, which is free with paid parking, is provided in cooperation with Lee County Parks and Recreation.

Meet at Shelter A7. After entering the Lakes Park gate from Gladiolus Drive, turn right and drive to the end of the road, continuing through the parking lot. Shelter A7 is located near the train station.

Lakes Regional Park is located at 7330 Gladiolus Drive in Fort Myers. For more information, call 533-7580 or 533-7576s.\*



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Uncommon Friends Foundation board member and past president Gray Davis, agency executive and senior vice president of McGriff Insurance Services, will moderate the panel discussion. Major Davis retired after 21 years in the Navy and Marines, earning the Marine Corps Commendation medal.

Ticket prices are \$50 for adults and \$15 for students. For reservations, contact Executive Director Jennifer Nelson at 337-9305 or at [jennifer@uncommonfriends.org](mailto:jennifer@uncommonfriends.org).

The Burroughs Home & Gardens is located at 2505 First Street in Fort Myers. For more information, visit [www.uncommonfriends.org](http://www.uncommonfriends.org) or call 337-9503.✱

## Juvenile Justice And Social Policy Program

The League of Women Voters of Lee County Florida (LWVLCF) will hold an educational program titled Juvenile Justice and Social Policy: Rights Restoration, Civil Citations, Juvenile Probation at The Collatoratory on Saturday, April 6 from 9 to 11 a.m. There is free admission and free parking.

The panel will include Moderator Irene Kepler, LCSW, LMSW, social worker, Neil Volz, political director, Florida Rights Restoration Coalition; Lut Clarcq, assistant chief probation officer for Circuit 20; and Bill Naylor, director, Juvenile Assessment Center of Lee County.

Florida prosecutes more children in the adult criminal justice system than any other state. The league seeks to improve outcomes for at-risk youth in Florida by supporting and influencing best practice policies through education and advocacy. Issues for action include increased use of civil citations, decreased use of Direct File and additional reforms keep our children out of adult jails and prisons.

Implementation of Amendment 4, Voter Registration of disenfranchised Floridians – Effective January 8, 2019, returning citizens who have completed their sentences and qualify for reinstatement can register to vote; those who are not certain should verify their status before registering. Resources include: Florida Rights Restoration Coalition, FRRRC Hotline: 1-877-698-6830, League of Women Voters of Florida.

The Collaboratory is located at 2031 Jackson Street in Fort Myers. For reservations, call 278-1032 or e-mail [reservations@lwvlee.org](mailto:reservations@lwvlee.org).✱

## Gulf Coast Writers

The Gulf Coast Writers Association (GCWA) will hold a meeting at Seven Lakes Community on Saturday, April 27 from 10 a.m. to noon. Awards will be presented for the 2019 GCWA Writing Contest, and recipients will read their winning entries.

Seven Lakes Community is located at 1965 Seven Lakes Boulevard in Fort Myers. For more information, call 770-906-7885 or visit [www.gulfwriters.org](http://www.gulfwriters.org).✱

## Bank Expands IT Department

Will Decatur has joined Sanibel Captiva Community Bank as a senior systems engineer at the College Parkway operations center.



Will Decatur

His primary responsibilities include maintaining the bank server, network and security infrastructure. In addition, he will be involved in systems support, IT security auditing, infrastructure improvement and IT vendor relations.

Decatur relocated to Southwest Florida from Texas, where he worked with the Texas Education Agency as a senior network engineer and helped create a \$50-million software application used in Texas school systems. Prior to his time in Texas, he was a technology firm partner in the Virgin Islands and worked for several Arizona companies as a network engineer. Decatur has over 20 technology certifications, including CompTIA, Cisco and Microsoft.

Founded in 2003, Sanibel Captiva Community Bank has two locations on Sanibel and five locations in Fort Myers. To learn more, visit [www.sancapbank.com](http://www.sancapbank.com).✱



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## Will Power

## Is A Wealth Tax Wise And Practical?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

I've been following with great interest Democrat senator and presidential candidate Elizabeth Warren's proposal for a wealth tax. In a March 15, 2019 opinion entitled "Elizabeth Warren Actually Wants to Fix Capitalism," *The New York Times* columnist David Leonhardt wrote that Sen. Warren believes an annual wealth tax on net worth exceeding \$50 million would generate more than \$250 billion annually, paying for social programs she believes are vital to our continued prosperity.

Warren and some economists point out that our present system taxes our income but not our balance sheet, which would be more progressive. Many working-class Americans are taxed on all earned income, while wealthy individuals pay lower capital gains tax rates, avoid income taxation altogether on certain investments (such as state and municipal bonds), and largely avoid, or at least minimize, the federal estate tax, especially with the current exemption levels exceeding \$11 million.

When wealthy individuals make large lifetime gifts or bequests at death, the gift, estate and generation skipping transfer taxes (otherwise known as "transfer taxes") are imposed. This is a balance sheet determination of the fair market value of amounts transferred to a loved one.

Western governments imposed and collected transfer taxes as early as the 17th century, usually to pay for wartime expenditures. They became a staple of the American tax system under presidents Theodore Roosevelt and Woodrow Wilson in the early 20th century as a revenue enhancement as well as a means to address social inequality, and not allow for great concentrations of wealth to be held in the hands of a "ruling class."

In England, Winston Churchill argued that estate taxes are "a certain corrective against the development of a race of idle rich." This issue has been referred to as the "Carnegie effect," for Andrew Carnegie. Carnegie once commented, "The parent who leaves his son enormous wealth generally deadens the talents and energies of the son, and tempts him to lead a less useful and less worthy life than he otherwise would."

Sen. Warren extends this philosophy to an annual balance sheet tax. Most of us pay, directly or indirectly, property taxes, which are also a balance sheet tax based on the value of one line-item, real estate. So working class families pay an income tax and a partial balance sheet tax. Essentially, income and the major asset that many working class families own is taxed. Sen. Warren wants to broaden the balance sheet tax for wealthy individuals to encompass their entire net worth.

As Sen. Warren proposes, an annual wealth tax would break up concentrations of

individual wealth while providing a means to correct "economic fairness," which itself is a nebulous phrase.

As anyone who has ever filed a Federal Gift Tax Return Form 709 or a Federal Estate Tax Return Form 706 knows, determining a date certain, fair market value of one's balance sheet is a largely subjective exercise, especially when one owns commercial and rental real estate and/or closely held business interests.

As opposed to publicly traded stocks, whose value is easily determined at any given moment, determining the "fair market value" for difficult-to-value assets can take many months and cost many thousands of dollars. First, the taxpayer hires an appraiser to determine the value of land, building and other hard assets. Next, a business valuation specialist must then address the value of the shares, partnership or membership interests of the company or partnership that owns the hard assets.

The share/partnership interests are usually discounted because closely held business interests can't be easily liquidated (as opposed to shares of publicly traded shares of stock), transfers are restricted by agreement among the shareholders and partners, and other factors, such as minority interests that can't control the direction of the company or partnership.

What about foreign assets owned by a wealthy person? Presumably those would be included in the computation, otherwise the wealth tax could be easily avoided by establishing foreign entities to own domestic stocks, bonds and real estate.

Intellectual property also poses difficult valuation obstacles. How long can one expect the income stream to last? What will future sales look like? Will the underlying service or product be usurped by new and better products, services or technologies? This, not to mention how complicated irrevocable trusts and other ownership devices play into whether an asset is even part of the balance sheet of any particular taxpayer.

Determining these values for a one-time gift or as a date of death value is difficult enough. I can't imagine the regulatory, compliance and enforcement costs associated with an ongoing, annual wealth tax.

The debate is just now starting and will presumably last through the 2020 presidential election. I wonder whether this wealth tax that many candidates are sure to endorse is intended merely as a campaign pledge to gain votes or is truly something intended for a legislative agenda. One selling point is obvious. "There aren't many individuals that will be subject to the tax because the floor is so high." That was the original, persuasive argument for the imposition of an estate tax. You may recall that in the early 1970s the federal estate tax exemptions fell to the point where many regular working-class individuals were affected, as those whose estates above \$250,000 became subjected to the tax.

I suggest that any wealth tax act should be labeled "The Trust Attorney's Full Employment Act." It certainly will be interesting to follow.

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## Global Youth Service Day

Keep Lee County Beautiful (KLCB) will host this year's Global Youth Service Day (GYSD) at Lover's Key State Park on Saturday, April 13 from 9 a.m. to 1 p.m.

KLCB is looking for youth volunteers, ages 12-18, to work in small groups to accomplish a variety of projects such as painting, assembling recycle bins, trail trimming, beach cleanup and other fun and worthwhile tasks. Immediately following the event all volunteers will enjoy a free lunch celebration and admission to Lovers Key State Park for the day.

Last year the students did a painting project, trail trimming, exotic removal, built picnic benches and tables, and completed other projects. At the end of the day, the youths had a great sense of accomplishment.

Established in 1988, GYSD celebrates

and mobilizes the millions of young people who improve their communities through service. It is the largest service event in the world and the only one dedicated to the contributions that children and youth make 365 days of the year.

GYSD is celebrated each year in more than 100 countries, with young people working together – and with schools, youth organizations, nonprofits, community and faith-based organizations, national service programs, government agencies, and adult mentors – to address the world's most critical issues and change their communities. Speaking about GYSD, humanitarian Dr. Jane Goodall commented, "I have often said that every individual counts, every individual has a role to play, and every individual makes a difference. Global Youth Service Day proves it."

Lover's Key State Park is located at 8700 Estero Boulevard on Fort Myers Beach. Visit [www.klcb.org/global-youth-service-day.html](http://www.klcb.org/global-youth-service-day.html) for more information and to register.✱

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## Book Review

# An Anonymous Girl



by Di Saggau

**A**n *Anonymous Girl* is a novel of psychological suspense and obsession from the authors of *The Wife Between Us*, Greer Hendricks and Sarah Pekkanen. The main character

is Jessica Farris, a 28-year-old makeup artist in New York who helps transform women into more confident beings for special events. She doesn't fear strangers because she's learned more harm can come from familiar faces. At one appointment, she sees a message for her client that reads, "Seeking women, ages 18-32 to participate in a study on ethics and morality. Generous compensation. Anonymity guaranteed." When Jessica learns her client does not plan to keep the appointment, she decides to go in her place. It pays \$800 and she can use the money. Thus the plot begins.

Turns out it's a psychological study conducted by the mysterious Dr. Shields. Jessica thinks all she'll have to do is answer a few questions, get her money and leave. She is asked several questions including, "Could you tell a lie without feeling guilt? Have you ever deeply hurt someone you care about? Should the punishment always fit the crime?" Jessica, who is referred to as Subject 52, is asked if she would consider expanding her participation in the study. She would receive much more money for doing so.

As the questions grow more intense and Jessica is told what to wear and



image provided

how to act, she starts to question Dr. Shields. It's as though she knows what Jessica is thinking and what she's hiding. At first the two communicate via a laptop computer, but soon Jess is invited to take part in situational social experiments. Jess hopes the money will help take care of her family's problems.

Chapters alternate between Jess' narration and Dr. Shield's second-person narration. It's a game of cat-and-mouse and leaves the reader wondering who will manage to stay one step ahead. Jess is caught in a web of deceit and jealousy and soon learns that some obsessions can be deadly. *An Anonymous Girl* is a triumphant thriller about doubt, passion and just how much you can trust someone. *Entertainment Weekly* wrote: "Has already emerged as one of the most popular books of the year, captivating readers with its shockingly twisty narrative." Film rights have already been snapped up.✱

crayon or pencil, you can help them learn to exert more pressure or reduce pressure on the writing tool depending on what effect your child wants to make. You can demonstrate by shading lightly, shading with more pressure, and then shading with a lot of pressure to show how the color changes. Ask your child to identify which shade goes with which amount of pressure and then have him try to create the different shades when coloring.

Triangular crayons are a great way to promote a mature grasp. They are generally thicker than regular crayons and their triangular shape creates a surface on which to place each finger. There are also triangular grips you can purchase to put on pencils and crayons to help your child learn how to grasp properly.

From page 1

## Film Festival

added to the site; and a list of some of the most famous people who have visited the property. Even the most knowledgeable historians may learn something from this story.

Eric Raddatz with the Fort Myers Film Festival will introduce the feature, *Coach*. The film is directed by Jordan Axelrod, a New York City videographer who is originally from Fort Myers. The story follows Tracy Hamm, San Francisco State University women's head soccer coach as she seeks to become the first American woman to earn a Union of European Football Associations (UEFA) "A" license – the highest international accreditation

Remember to have fun with these activities. Learning to write should not be a stressful experience for your child. If your child isn't having fun with these games or if no progress is made despite having fun, you may want to discuss his development with your doctor to see if a referral to an occupational therapist is indicated.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to [smgreggs@gmail.com](mailto:smgreggs@gmail.com). Not all questions submitted can be addressed through this publication.✱

for college coaches. The film depicts the challenges that Hamm faced as a woman trying to climb the ladder in a male-dominated profession. Axelrod will be in attendance and available to answer questions after the movie. Some stars from the film may also be in attendance.

Tickets are \$5 for Edison Ford members, \$10 for non-members. Only a limited number of chairs will be provided, so guests are encouraged to bring a folding chair.

Henderson, Franklin, Starnes & Holt, PA is sponsoring the event. Refreshments and a cash bar will be available.

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information and tickets, visit [www.edisonford.org](http://www.edisonford.org).✱

## School Smart



by Shelley M. Gregg, NCSP

**D**ear Shelley, My son who's in preschool is struggling with coloring, drawing and writing. He doesn't hold his pencil correctly or press down hard enough to write. How can I help him?

Ava L, Cape Coral

Ava,

Learning how to write is a process and has stages just as learning to speak does. Young children progress through stages, from looking at letters on the page of a book during infancy to producing those letters beginning in the preschool years. Learning how to write properly is a developmental milestone, and it is important to remember that, as with all developmental milestones, achievements

are expected to occur within a broad range of ages, not at a specific time.

Typically by age 4, a child will have progressed through several types of grasps while scribbling and drawing, from the fist or power grasp to a more developed grasp like the tripod grasp. Kids usually develop this grasp between the ages of 4 and 6, and boys typically develop this later than girls. A less mature grip and light pressure can be a sign of muscle weakness in the wrist and fingers, the very muscles needed for writing.

The best way to help a child who hasn't mastered this grasp and who needs further development of the muscles used for fine motor activities is through a fun and games approach. There are so many activities for children that help to develop these muscles, such as lacing toys, building blocks, wind-up toys, cutting paper with safety scissors, construction games such as Legos or Tinker toys and tweezer-type activities. Play involving modeling or play clay is also an excellent way to promote finger and wrist strength.

By showing a child how to make different shades of color from the same

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## Financial Focus

# Time For Some Financial Spring Cleaning



by Jennifer Basey

Spring is here – and for many of us, that means it's time for some spring cleaning. This year, in addition to tidying up your home, why not try brightening your financial environment? Some

of the same moves you make to clean your surroundings may apply to your finances. Consider these suggestions:

**Get rid of clutter** – When you go through your closets, attic, basement or other areas, you may find many items you no longer need. You might be able to sell some of these things or find other ways of disposing of them. And as you review your portfolio, you might also encounter “clutter” in the form of investments that may be redundant to others you own. If so, you might consider selling these investments and using the proceeds to purchase new ones, which may help you broaden your portfolio.

**Protect yourself from hazards** – As you go about your spring cleaning, you may well encounter hazardous substances, such as cleaning agents, paints, batteries,

pesticides and so on, which you don't need anymore and which may pose potential health risks. You can reduce the possible danger from these materials by recycling or disposing of them in an environmentally safe way. Your overall financial situation has hazards, too, in the form of illness or injury preventing you from working, or, in your later years, the need for some type of long-term care, such as an extended stay in a nursing home. To protect yourself, you may need appropriate insurance, including disability and long-term care.

**Find new uses for existing possessions** – When you are sprucing up your home, you may rediscover uses for things you already have. Who knows – perhaps that treadmill that's been gathering dust in your garage could actually be employed again as part of your rededicated exercise regimen. And you might be able to get more mileage out of some of your existing investments, too. Suppose, for instance, that some of your stocks are paying you dividends, which you take as cash. If you don't really need this income to support your lifestyle, you might consider reinvesting the dividends so that you can own more shares of the dividend-paying stocks. Over the long run, increased share ownership is a key to helping build your portfolio.

**Establish new habits** – Spring cleaning doesn't have to be just about physical activities; it can also involve a new set of habits on your part. For example, instead of placing your unread magazines in an ever-expanding pile, try to read and recycle them quickly. You can also develop some positive habits as an investor, such as “paying yourself first” by regularly putting

some money in an investment account each month, even before paying all your bills. You can also avoid some bad habits, such as overreacting to market downturns by selling investments to “cut your losses,” even though those same investments may still have strong growth potential and may still be suitable for your needs.

Doing some spring cleaning can make you feel better about your living

## Superior Interiors

## Create A Jewel Box In Your Home



by Barb Cacchione

You might think a small bathroom doesn't deserve much design attention. Quite often during a renovation project, I find myself getting most excited about designing

the powder room. While it is usually the smallest space in the home, I always encourage my clients to have some fun with it.

Powder rooms have long been favorites of designers and homeowners for expressing a wild side. That's because powder rooms are often small spaces frequently used by guests, which means these rooms are great for creating a little surprise even if the rest of the home is a bit tame. Think about it: While you may spend your hours primping in the master bath, the powder room is a space for guests to come visit... so why not give them something interesting to experience?

To me, small size means big potential. One perk to designing such a small space is that using a bold color, print, or pattern (whether it's on your walls, floors or even accessories) is less overwhelming. A wallpaper that would be overstimulating on all your bedroom walls suddenly feels funky, charming and daring in these small little spaces. Another advantage of the small footprint of these rooms is that choosing to splurge on custom pieces or high-end materials doesn't necessarily mean breaking the bank. For example, upgrading from a ceramic tile to marble for your floors may only mean the difference of a few hundred dollars. Or if you aren't interested in the maintenance of natural stone, create an interesting tile pattern and turn an ordinary material into a statement.

Use “decorative” mirrors in a powder room instead of using the standard wall-to-wall mirror. Whether you are a minimalist or a traditionalist, this is an easy way to give the space personality and a more custom look. Consider adding a vanity that has a chest or dresser feel. This addition can be a newly manufactured piece, or retro-fitted by a finish carpenter. Have fun with your lighting. Because the powder room is generally not used for tasks (like shaving or makeup application), you don't need to worry about seeing every hair or shadow and can utilize a statement fixture such as a charming chandelier.

Remember the experience. Good design isn't limited to what instantly meets the eye. Stimulating your other senses by

space today. And applying some of these techniques to your financial situation can help you gain a more positive outlook for tomorrow.

*This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at [jennifer.basey@edwardjones.com](mailto:jennifer.basey@edwardjones.com).*

incorporating things like scent and texture are easy ways to enhance the function of the space. Find soft hand towels and keep your favorite candle in the bathroom to make your guests feel welcome.

*Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at [barb@coindcedden.com](mailto:barb@coindcedden.com).*

## Women's Legacy Fund Luncheon

The Women's Legacy Fund of the Southwest Florida Community Foundation will host its annual spring luncheon for contributors and Prima Donors at Collaboratory on Friday, April 12 at 11 a.m. It will include a complimentary lunch program and facilitated table conversations.

The Women's Legacy Fund (WLF) is a group of women who combine their contributions in this collective philanthropy initiative to foster the immersion of women in philanthropy and develop the region's next philanthropic leaders.

During this year's luncheon, WLF members will be exploring the focus area of their first multi-year grant award: access and attainment for education opportunities for women and girls in healthcare.

The working luncheon will include a presentation of research on the latest statistics on women in the workforce in Southwest Florida followed by a panel of regional women spearheading programs offering educational opportunities to women, as well as table conversations led by facilitators. The format will allow contributors to review and discuss this topic deeper as a group of collective philanthropists.

Since its inception, the WLF has been able to provide \$200,000 in grants to benefit people and communities in Southwest Florida. Currently, the fund has \$846,577 in endowment that will continue to help fund local issues now and in the future.

Contributors to the WLF give a minimum of \$250 each year (\$100 for women younger than age 25). The first half of contributions is pooled for the purpose of immediate annual grants, while the second half is pooled into the WLF's endowment fund that provides additional grants to be made both now and in years to come. Prima Donors are local women who have contributed \$10,000 or more to the WLF endowment and are committed to making an impact in their community through charitable giving.

Collaboratory is located at 2031 Jackson Street in downtown Fort Myers. Valet parking will be provided. Contributors and Prima Donors can reserve their space by Friday, April 5 to Sydney Roberts at 274-5900 or [sroberts@floridacommunity.com](mailto:sroberts@floridacommunity.com).

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**Melissa Baker, manager of programming and community outreach for the Fort Myers Library, stands near a mini-library** photo provided

## Tax Collector Adds Libraries To Waiting Areas

Waiting areas at Lee County Tax Collector's Offices just got a lot more pleasant. The Tax Collector has partnered with the Lee County Library System to create mini-libraries at six Tax Collector locations. Customers who come to renew driver's licenses, apply for concealed weapons permits, take care of vehicle registration and more can now peruse a broad selection of books and magazines while they wait.

"Your time is valuable, and we understand that," Lee County Tax Collector Larry Hart said. "We're going to do everything we can to make your time with us enjoyable."

The library system has placed about 30 titles each at Tax Collector offices in Fort Myers, Cape Coral, Bonita Springs, south Fort Myers, Lehigh Acres and North Fort Myers. Books for adults, teens and children are there, and library workers are arranging for Spanish-language books to

soon be on the shelves.

The Tax Collector's Office will promote library card signup April 8 to 12 during National Library Week. But customers don't need a library card to access the books at the Tax Collector's locations, and they don't need to check them out. They can take any item home with them and bring it back later, or drop it off at any Lee County library.

The program stems from the Tax Collector's partnership with the Southwest Florida Reading Festival. Melissa Baker, manager of programming and community outreach for the Fort Myers Library, presented the idea to the Tax Collector's Office and began working with Deputy Tax Collector Noelle Branning and Communications Manager Chris Bright to bring it to fruition.

"This is a win-win for everyone involved," Hart said. "It's a way to promote literacy and education as well as give our customers something extra. I'm so grateful to Melissa and everyone at the library system for helping us make this happen."

For more information, visit, [www.leetc.com](http://www.leetc.com).✽

## IMAG Board Retains Chairman

Attorney Carlos A. Kelly, a stockholder in the law firm of Henderson, Franklin, Starnes & Holt, PA's Business Litigation practice group, will serve as chairman of the IMAG History & Science Center's ("IMAG") Board of Directors. The IMAG provides entertainment for families with over 60 hands-on exhibits, an aquarium, and a 3D virtual reality experience.

Kelly is a passionate advocate for his clients' business and real estate interests. He helps his business clients in the areas of partner/shareholder claims, creditors'



**Carlos A. Kelly**

rights and other contract-based claims. Kelly also assists his real estate clients in the areas of eminent domain, inverse condemnation, Bert J. Harris, Jr., Private Property Rights Protection Act claims, purchase and sale disputes, landlord/tenant claims and foreclosure. Kelly has been published by The Florida Bar and frequently contributes regularly to Henderson Franklin's *Legal Scoop* on Southwest Florida Real Estate blog.

Kelly also serves on the Chamber of Southwest Florida Board of Directors, the Uncommon Friends Foundation Board of Directors and on SalusCare, Inc.'s finance committee. He is a member of the Real Estate Investment Society and the Association of Eminent Domain Professionals. Kelly also has been a member of The Florida Bar's Eminent Domain Committee for over 10 years.

Kelly received his undergraduate degree from Florida State University, magna cum laude, in 1993 and his law degree from Emory University in 1997. For more information, visit [www.henlaw.com](http://www.henlaw.com).✽

## Attorney Elected To ACT Board

Business & Tax Attorney Sara Qureshi from the law firm of Henderson, Franklin, Starnes & Holt, PA has joined the Abuse Counseling & Treatment, Inc. (ACT) Board of Directors. ACT is a private, not-for-profit agency committed to serving victims of domestic violence, sexual assault and human trafficking.



**Sara Qureshi**

Qureshi focuses her practice in business organization operations and planning, mergers and acquisitions, federal and state taxation, intellectual property and health care law. She is fluent in Urdu and Hindi. Qureshi also serves as the social chair for

the Lee County Bar Association Young Lawyers Division.

While attending law school, Qureshi served as the editor-in-chief of the *Child and Family Law Journal* and as the executive board treasurer for the National Conference of Law Reviews. She also volunteered as a certified tax preparer with Barry Law's Volunteer Income Tax program and served as a legal intern for the Middle District of Florida and Ninth Judicial Circuit for Orange County.

Qureshi is a graduate of Cape Coral High School. She obtained her bachelor of science degree in legal studies from Florida Gulf Coast University (magna cum laude) in 2014. Upon receiving her juris doctor from Barry University Dwayne O. Andreas School of Law (magna cum laude) in 2017, Qureshi continued her education at the University of Florida Fredric G. Levin College of Law and obtained her master of laws (LLM) in Taxation, graduating at the top of her class in 2018.

For more information, visit [www.henlaw.com](http://www.henlaw.com).✽



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Scholarship honorees with Red Sox officials and school officials

photo provided

# Foundation Awards College Scholarships

For the fourth consecutive year, the Boston Red Sox honored 13 local public high-school seniors, presenting them each a \$5,000 college scholarship by the Red Sox Foundation in a pre-game ceremony prior to a game versus the New York Mets on March 9.

“Education remains an area of focus for the Red Sox foundation, and we are so

excited to award these promising students who will be this community’s future leaders,” said Brennan Whitley, senior manager Florida business operations for the Boston Red Sox. “Winners are chosen based on academics, community service and overall need.”

“These 13 scholarship recipients represent some of the best high school seniors in Lee County,” said Dr. Greg Adkins, superintendent of the Lee County School District. “Congratulations to them and thank you to the Red Sox Foundation for helping make their college dreams possible. I know they will go on to great things, and I wish all 13 students continued

success in their studies and future careers.”

Scholarship funds are raised from proceeds from the annual Swings For The Sox golf tournament held each fall to benefit the Red Sox Scholarship. This year’s tournament raised more than \$80,000. In the past six years, \$330,000 has been awarded to local nonprofits and scholarships from tournament proceeds.

The Red Sox Foundation is a 501(c)(3) nonprofit organization and the official team charity of the Boston Red Sox.

The 2019 scholarship recipients

include: Zachary Kashman of Cape Coral High; Reynoso Cecilia of East Lee County High; Mackenzie Evey of Island Coast High; Madison Smith of Mariner High; Julian Montoya-Bedoya of North Fort Myers High; Christine Lam of South Fort Myers High; Alexis Lawler of Estero High; Andrea Cornell of Cypress Lake High; Megan Sanzetenea of Ida Baker High; Daphnee De Leon of Lehigh Senior High; Kamari Walker of Dunbar High; Natwayn Alterna of Riverdale High; and Kennan Beck of Fort Myers High.✱

## SPORTS QUIZ

- 1. Who holds the major-league record for most All-Star Games pitched?
- 2. Name the last player before Jose Altuve and Enrique Hernandez in 2017 to hit three home runs in a postseason game.
- 3. When was the last time the Tampa Bay Buccaneers reached the NFL playoffs?
- 4. In 2018, Villanova’s men’s basketball team set a Final Four record with 18 3-pointers made in a game. Which two teams had held the mark?
- 5. Florida’s Roberto Luongo, in 2019, moved into second place on the career games played list for NHL goaltenders. Who is first on the list, and who is now third?
- 6. Canada’s men’s hockey team has won nine Olympic gold medals. How many silver and bronze medals has it captured?
- 7. When was the last time before 2018 that a team won golf’s Ryder Cup by at least seven points?

## ANSWERS

1. Roger Clemens, with 10 games between 1986 and 2005. 2. San Francisco’s Pablo Sandoval, in 2012. 3. It was the 2007 season. 4. UNLV (1987) and Duke (2010), with 13 each. 5. Martin Broderick (1,266) and Patrick Roy (1,029 games). 6. Four silver and three bronze medals. 7. It was 2006, when Europe won 18 1/2 to 9 1/2.

# America’s Boating Course

America’s Boating Club and the San Carlos Bay Sail & Power Squadron, a boating organization that serves South Fort Myers, Fort Myers Beach, Bonita Springs, and Estero, will offer America’s Boating Course on two consecutive Saturdays – April 6 and April 13 – from 8:15 a.m. to 12:30 p.m.

The course is recognized by the National Association of State Boating Law Administrators. The State of Florida recently passed legislation requiring anyone born after January 1, 1988 to have passed a safe boating course and obtain a Boating Safety Education ID card, which is valid for life, in order to operate a boat with more than 10 HP. Each student will receive a card/certificate from the Florida Fish and Wildlife Commission upon completion of

the class.

Topics covered include hull design, docking, anchoring and handling boating emergencies, reading channel markers and many other topics to make each boating experience safer and more enjoyable. Successful completion of this course entitles the boater to six months free membership in the United States Power Squadrons with the purchase of a 12-month membership. In addition, students who join the squadron will also be eligible for a free three hour On The Water training session.

Cost is \$60 with a \$30 fee for a second person sharing the instruction materials. Cost includes lunch after the second Saturday class.

The San Carlos Bay Sail & Power Squadron classroom is located at 16048 San Carlos Boulevard in Fort Myers. Students can register online at [www.scbps.com](http://www.scbps.com) or call the squadron office 496-4040 and leave a message.✱

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## Late Evangelist's Family Members Speak To Crowd

Even the standing room was gone for the annual benefit dinner for Lifeline Family Center featuring Ruth Graham and Windsor Dienert-Bauder, the daughter and granddaughter of the late evangelist Billy Graham.

Graham addressed several critical issues including divorce, her teenage daughter's pregnancies, another daughter's struggle with bulimia and her son's battle with drugs. Dienert-Bauder detailed her journey through two teenage pregnancies, one ending in adoption, and the other baby remaining with her to be raised to adulthood.

Graham is the author of many books including the best-selling *In Every Pew Sits a Broken Heart* and the award-winning *Step Into the Bible*. She is an experienced conference speaker and has appeared on *Good Morning America* and *FOX and Friends* while being interviewed on Moody Radio many times.

Dienert-Bauder has authored two books with her mother and Sara Dormon – *I'm Pregnant, Now What?* and *So You Want to Adopt, Now What?*

More than 600 people attended the March 14 dinner at McGregor Baptist Church in Fort Myers.

To date, the event has raised



From left, Ruth Graham and Windsor Dienert-Bauder with Karen and Jack Pagel of Sanibel photos provided

\$156,111 for the work of Lifeline Family Center, which helps women in crisis pregnancies become self-supporting.

"We are very pleased that Ruth Graham and her daughter came to Southwest Florida to share their message of embracing life, whatever the circumstances," said Lifeline Family Center President and Founder Kathy Miller.

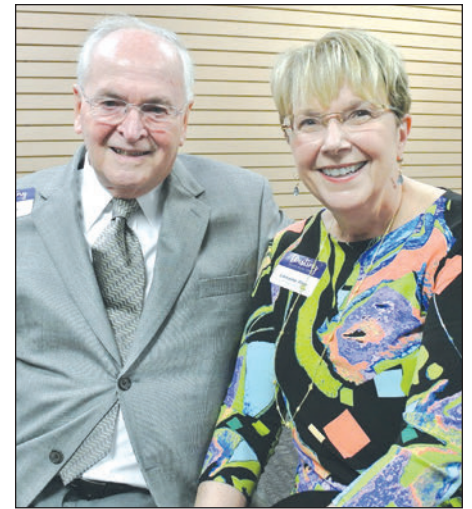
Lifeline Family Center graduates also gave their testimony through video segments on how the program changed their lives and those of their children.

Sponsors were Glenn and Ada

Ann Healey, Steve and Jan Neff, The Breeze Newspapers, CTN10 Christian Television and Susan Bennett Marketing & Media.

Lifeline Family Center provides a home in Cape Coral for homeless young women in crisis pregnancies to help them become self-supporting through education, job training, parenting classes, professional counseling and spiritual guidance. It is the only residential program in Lee County for homeless young women in crisis pregnancies who are not part of the foster care program.

In the residential program, Lifeline



Bill Frey and Vision Sponsor Lorraine Frey of Shell Point

Family Center serves up to 12 young women, ages 16 to 25, and up to 24 babies at a time. In the Outreach Ministry program, more than 6,000 women have received assistance with material needs, adoption counseling and resource referrals. The nonprofit also operates a 24/7 Pregnancy Helpline, provides free pregnancy tests, free ultrasounds by appointment and does outreach to all areas of Lee County, including all college campuses.

Lifeline Family Center receives no government funding and is wholly dependent upon donations from individuals, churches and corporations as well as United Way funding. For more information, visit [www.lifelinefamilycenter.org](http://www.lifelinefamilycenter.org).✱

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# Winners From All Florida Juried Exhibit At Alliance

Sixty pieces of artwork in the Alliance for the Arts' 33rd annual All Florida Juried Exhibit were unveiled to the public during an

photos provided

opening reception on March 8. The 60 pieces were selected from 664 submitted by juror R. Lynn Whitelaw. Christina Wyatt was awarded \$1,000 for Best in Show for *Two Young Girls*. Karen Tucker Kuyendall won a Golden Colors Gift Certificate for 2nd Place with *Shout Hallelujah Come on Get Happy*. Geoffrey Hamel won \$100 for 3rd place with *Untitled 2*. Lynn Foscett received Honorable Mention



Desere Ballou and Jacob Fowler

and a Gift Certificate from Frameworks for *Succulents (Garden Chair)*. Glen DePasse and Carve Stone were awarded Juror's Choice Awards. "My overlying interest was to showcase exciting examples of contemporary art in Florida that reflect artistic talent and innovative work that respect, or experiment with, materials," said Whitelaw. "My only regret is that there were a large number of wonderful



Jay Lana

works that fit my criteria, but I had to make hard decisions to cull the show to 60 pieces. "All Florida is sponsored in part by Elemental Stone and Waterworks. The exhibit will continue through March 30. Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information and a full list of exhibiting artists, visit [www.artinlee.org/event/allflorida2019](http://www.artinlee.org/event/allflorida2019).\*



Sara Fitzpatrick Comito and John Comito



From left, Pamela Beckman, Lily Hatchett and David Hatchett



From left, Krista Johnson, Lydia Antunes Black, Dean Piccirillo and Roy Rodriguez



Krista Johnson and Glen DePasse



Roger William Bireley and Aimee Bireley





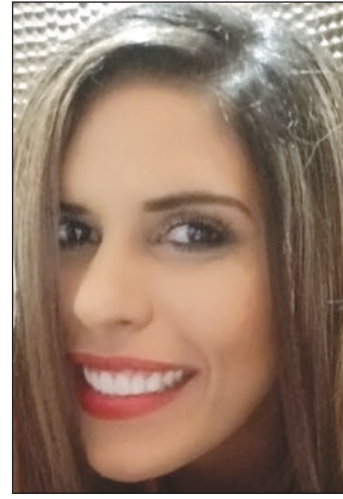
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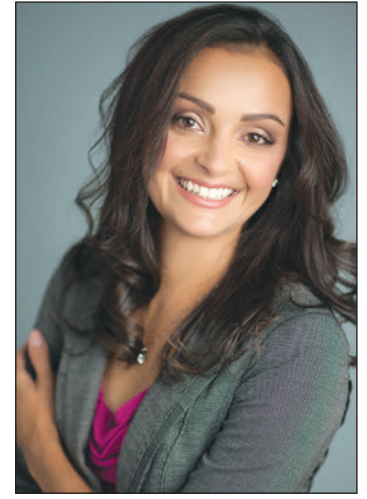
Dr. April Brown



Indera DeMine



Yaro Garcia



Ana Leticia Lopes

## Behavioral Health Experts Headline SalusCare Lunch

A panel of behavioral health experts will explore the impact of cultural beliefs and practices on mental health and substance abuse treatment at the 3rd annual Shattering the Stigma luncheon at Broadway Palm Dinner Theatre on Monday, May 20. Registration begins at 11 a.m., and the event starts at 11:30 a.m.

The luncheon is hosted and presented by SalusCare, the region's leading provider of behavioral healthcare, in honor of Mental Health

Month.

"Much of one's access to self-acceptance, communication and treatment of a mental illness or addiction is influenced by their ethnic, familial or social beliefs. In order to help and give access, we must understand the different challenges we all are facing," said event chair Jane Lane, who also is vice-chair of the SalusCare Board of Directors.

The panel will be moderated by Madelyn Isaacs, PhD, professor of counseling and department chair at Florida Gulf Coast University. Isaacs co-founded the Public Schools Enrichment Partnership and is the secretary of the SalusCare Board of Directors.

Panelists include:

April Brown (MS, EdD, LMHC)

– counselor at Genesis Counseling and president of the Gulf Coast Mental Health Counselor's Association. Her client focus is on African-American and other ethnic backgrounds, as well as alternative lifestyles counseling.

Indera (Singh) Demine – immigration law attorney. Born and raised in Guyana and immigrating to the U.S. as a young adult, she is uniquely familiar with the plight of immigrants, both legally and socially.

Yaro Garcia (PhD) – Currently the clinical and accreditation coordinator of counseling at Florida Gulf Coast University, she also is the president of the SWFL Regional Human Trafficking Coalition. She is a creator of the SOAR (Stop. Observe. Act and Respond) training program to help medical

providers better recognize victims of human trafficking and potential traffickers.

Ana Leticia (Leti) Lopes (PsyD) – A multilingual licensed psychologist, she specializes in adolescent difficulties, special needs children, relationship issues and multi-cultural issues. She is committed to focusing her work with each individual with an appreciation of their background and unique set of experiences to help them attain the highest quality of life.

Tickets are \$40 and \$50 with CEUs for mental health professionals.

Broadway Palm Dinner Theatre is located at 1380 Colonial Boulevard in Fort Myers. For tickets, call Todd Cordisco at 791-1575.\*

## Lee Health Hires New Officer

Chris Simoneau has joined Lee Health as chief foundation and development officer. In his new role, Simoneau will be responsible for Lee Health's strategic direction and oversight of the Lee Health Foundation, brand development, marketing, internal and external communications and community relationships in alignment with Lee Health's mission, vision, values and strategic objectives.



Chris Simoneau

Simoneau has more than 25 years' experience in institutional development and fundraising. He comes to Lee Health from Florida Gulf Coast University, where he served as vice president of university advancement and executive director of the FGCU Foundation for the past six years. His experience in overseeing fundraising and marketing communications functions will strengthen Lee Health's bond with Southwest Florida and support its continued development as the health system grows with the community.

"We are excited to welcome Chris to our team. His expertise will allow Lee Health to continue to foster a close relationship with our community and pursue innovative health care services for our patients," said Larry Antonucci, MD, MBA, Lee Health president and CEO. "Chris is well-known throughout Southwest Florida and will help continue the health system's strong track record of community involvement and philanthropy."

While at FGCU, Simoneau's expertise and network of relationships throughout the region allowed him to successfully implement a three-year, \$100 million comprehensive campaign in conjunction with the university's 20th anniversary. FGCU surpassed the campaign's goal by over \$27 million.

Simoneau has a bachelor of science degree in finance from Villanova University and an master of business administration degree from Columbia University. Prior to moving to Southwest Florida, he also worked in development at universities in Massachusetts and Ohio. He has served in a variety of professional and community service roles, including the Greater Naples Chamber of Commerce, Moorings Park Foundation, Southwest Florida Regional Economic Development Alliance and the Association for Fundraising Professionals. He recently joined the independent sales surtax oversight committee for Lee County schools.\*

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dearRPharmacist

# Calendula For Reflux And Skin Problems



by Suzy Cohen, RPh

**D**ear Readers: In spring, we all like to hike and play outdoors. Getting bumped and bruised is more apt to occur as well. A natural remedy for this is calendula, and it's sold in health food

stores nationwide.

Calendula oil is a natural oil extracted from flowers, specifically the marigold flowers, also known as Calendula officinalis. Calendula oil has some antifungal, anti-inflammatory and antimicrobial properties. This makes it great for topical use, especially for minor cuts, wounds and skin rashes. More specifically, calendula creams can be used to help cradle cap, diaper rash, eczema, poison ivy and allergic rashes.

Not too long ago, a friend of mine fell off her horse. She had some minor aches and pains, and her skin was broken. I recommended the calendula cream and reassured her this herbal remedy had been used for centuries. My friend used the cream on her bruises and scrapes and, within several days, she was as good as new. If you are creating a first-aid cabinet, I highly recommend you include calendula. Put it next to your hydrocortisone and tea tree oil.

There was a study in October 2018, published in the *Journal of Family Medicine and Primary Care*. This study evaluated calendula ointment on cesarean wound healing. The trial evaluated 72 women, and they concluded that "using calendula ointment considerably increases the speed of cesarean wound healing."

There was a more recent study in February 2019, that evaluated calendula for patients who had suffered from dermatitis associated with their radiation.

This is pretty common, up to 95 percent of patients develop radiation-related skin pain. Calendula appears to be a viable option and should be considered as an adjunct to pharmaceutical skin treatments.

I think calendula would make for a fantastic tea. I make it myself all the time at home, using locally grown flowers. The marigold flowers are beautiful orange, and they're dried. You just steep them in water for about 10 minutes, and add honey if desired. Calendula is a type of marigold. Not all marigold flowers can be ingested, so if you make the tea, make sure you buy the dried flowers that are consumable, and buy them from a reputable source.

One reason you might consider calendula as a tea, or dietary supplement is if you have ulcerative colitis. There is reason to believe this may be soothing to the intestinal tract and it's been studied for this very condition. It might be one of the most healing herbs to consider if you have gastritis or reflux, but of course ask your practitioner if it's right for you.

Some people are allergic to flowers in the marigold family, in which case calendula should be avoided. Avoid calendula if you are allergic to ragweed, chrysanthemums or daisies due to potential reactions. Please consult with your doctor about taking any herb orally, including calendula, if you take blood thinners.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*

## Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 4 p.m.

For more meeting information, visit [www.southwestfla.org](http://www.southwestfla.org).

Sanibel Community Church is located at 1740 Periwinkle Way.

Doctor and Dietician

## Whiplash



by Ross Hauser, MD and Marion Hauser, MS, RD

**W**hiplash is commonly associated with rear-end automobile accidents, but it can also result from sports or other trauma. The sudden, rapid back-and-forth movement of the neck during whiplash causes injury to the ligaments, muscles, tendons, intervertebral joints, discs and nerves of the neck and upper back. The neck is particularly vulnerable to whiplash injury because of its ability to move in many directions. Research shows that when the head is rotated, like when the driver is looking in the rearview mirror, there is a significant increase in the amount of force placed on the neck during impact. Simply having your head turned to the side can predispose you to more ligament injuries and subsequent symptoms.

Common symptoms of whiplash-associated disorder include neck pain and crepitation, stiffness, headache, dizziness, vertigo, fatigue, irritability, tinnitus, nausea/vomiting, cognitive impairment, anxiety, lightheadedness and memory problems. These may not all begin immediately after the trauma. Some symptoms of post-whiplash may improve within a few weeks using the traditional approach of pain medication and physical therapy. However, many people who suffer from chronic neck pain as well as other complications can begin a vicious cycle of increased medications to try and control worsening symptoms, but this lacks any real answers to resolve the issue. This can carry on for months or years after the initial accident and is indicative of undiagnosed ligament

damage and spinal instability that was not initially seen after the accident.

In our experience, Digital Motion X-ray (DMX) is the ideal post-whiplash diagnostic tool because it shows the spine from various angles while in motion, unlike static MRI. DMX can identify spinal instability and curvature abnormalities caused by ligament laxity/injury. If identified, the ligament damage causing the neck pain and associated symptoms can then be resolved with prolotherapy, a regenerative injection treatment for post-traumatic ligament injuries.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).*

## Diabetes Program

**L**ee Health will hold a free program designed to help one make modest lifestyle changes and cut risk of Type 2 Diabetes by more than half at the Healthy Life Center in Estero on Monday, April 29 from 6 to 7 p.m. Registration is required.

This year-long program, featuring weekly meetings for the first six months, then once or twice a month for the second six months, is part of the National Diabetes Prevention Program, led by the Centers for Disease Control and Prevention (CDC).

Information presented in the workshop can help one become empowered to prevent Type 2 Diabetes. Learn about the benefits of physical activity; manage symptoms of stress; make smarter decisions related to healthy eating; and tips to stay motivated. Participants will receive a participant guide to use as an ongoing reference tool once the classes are completed.

Healthy Life Center in Estero is located at 23450 Via Coconut Point in Estero. Call 424-3127 if calling from Fort Myers/Cape Coral area or 468-0051 if calling from the Estero/Bonita Springs area for more information.

Beautifulife:

## Travel With Ease



by Kay Casperson

**W**hat kind of a traveler are you? Are you calm, cool and collected on the go or do you stress out when it comes to what and how to pack? When you travel by air, do you show up ready to

roll with excitement or are you stressing every minute that you might miss your plane?

I have traveled to much of the U.S. and many places around the world, and have been with a variety of travel companions from remarkably calm and organized to unorganized chaos and filled with stress.

What I have learned along the way is that you have to plan ahead, stay organized, remain calm and stay positive so that you enjoy every moment of it, regardless of whether you are at the airport, on the plane or just heading out for new adventures.

Being a good traveler does take time, experience and patience, of course, but I also believe that a few useful tips will save even some of the newer travelers unnecessary stress, panic and extra baggage. Here are a few of my suggestions:

**Luggage** – Whenever possible, take only the biggest carry on that the airlines will allow so you don't have to check a bag and wait in long lines. There are so many great luggage companies that now make a carry on efficiently with extra storage space and even built-in chargers for your electronics. Always carry an extra smaller bag to keep with you on the plane for your personal items; toiletries, reading glasses

and materials as well as snacks.

**Clothes** – Keep it simple by staying with the same color scheme so you can mix and match outfits, utilize the same shoes and save on space. This also allows you to leave room for that special purchase or two you might find along the way.

**Packing** – Do you roll or do you fold? I suggest a bit of both. Roll the thinner items that could wrinkle, like T-shirts, blouses and shorts, but fold the bulkier things like pants, sweaters and jackets and lay them flat. Pack heaviest items such as shoes, pants and sweatshirts at the bottom and, finally, tuck your undergarments into the remaining small spaces to fill the voids.

**Travel sizes** – You don't have to repackage your favorite items if you find a company like ours that manufactures everything in 3.4 ounces or less to make it easy for the traveler. We also make a peek-a-boo cosmetics and skincare bag for easy viewing of your items during check-in by airport security.

**Necessities** – Don't forget a warm wrap that you can use as a blanket. Other items that come in handy are a neck pillow, eye mask, readers, chargers, sanitizer, earphones, documents, sunglasses, first aid, medicine and lip balm.

Remember, travel should be fun and exciting so most importantly, stay calm, cool and collected, don't forget to breathe and say positive affirmations to ensure the proper mindset.

My affirmation for you this week is: "I will take extra time to prepare for my travels to ensure that my journeys are more balanced, beautiful and stress-free."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit [www.kaycasperson.com](http://www.kaycasperson.com) or follow on social media @kaycasperson.



# PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

## Elsa And Lulu



Elsa ID# A771236

**H**ello, my name is Elsa. I am a 5-year-old female pit bull who has had a rough go of things to get to our adoption floor. Now that I am here, I am making up for it with tons of kisses and tail wags for the volunteer staff. I am certainly one of the most well-mannered gals around. I will sit and wait patiently for you to give me attention and hopefully a treat here and there. If a lifetime of loyalty and companionship is what you are looking for, then look no further. As Olaf said, "Some people are worth melting for" – we think he meant dogs, specifically me.

My adoption fee is \$30.

Hi, I'm LuLu. I am a 4-year-old female domestic medium hair who is a petite girl weighing in at just over 5 pounds. My personality, however, is bigger than I am. I have tons of spunk, and the volunteers call it fun to just sit and watch



LuLu ID# A770291

my daily antics. My stunning blue eyes combined with my brown fur are a striking combination.

My adoption fee is \$30.

Lee County Domestic Animal Services is having an April promotion called Adopt Don't Shop – Give a Shelter Pet a Chance. From April 1 through April 30, all adoption fees will be reduced to \$30 with an approved application.

The reduced adoption fee includes the complete package of services: sterilization, age appropriate vaccinations, county license, microchip ID, de-worming, flea treatment, a heartworm test for dogs, feline AIDS and leukemia test for cats, and a 10-day health guarantee. The adoption package is valued at more than \$500.

*The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at [www.leegov.com/animalservices](http://www.leegov.com/animalservices) or call 533-7387.*

Haven on Earth Animal League

## Joy And Athena



Joy

**H**i, I'm Joy and I am just a joy to have around. I'm a beautiful 2-year-old calico girl. I raised a litter of my own kittens and then nursed two more litters that didn't have a mommy cat. I am looking for someone to love me forever. I am currently staying with a foster mom. I have been fully vetted, will be spayed and brought up to date on all vaccines. My adoption fee is \$100.



Athena

Hello, I'm Athena. I'm a beautiful girl and I know it. I have a really unique brown and black color coat. I am spayed and current on all vaccinations. I'm only 1-year old and a very sweet girl with a big, fluffy tail. I'm currently staying with a foster mom. My adoption fee is \$100.

*We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email [haveneearthanimalleague@yahoo.com](mailto:haveneearthanimalleague@yahoo.com).*



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

### ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Harmonica Band	610-653-7940
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

### CLUBS & ORGANIZATIONS

American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Coral Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE(National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

### AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

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PUZZLES

Answers on page 29

Super Crossword

ANIMAL ADAPTATIONS

ACROSS

1

Cut, as film

5

— I lie?

10

Grows dim

15

Opera parts

19

Major- — (butler)

20

Region of old Greece

21

Fictional belle Scarlett

22

Tales of old

23

One stealing a serpent?

25

Houses, to Hernando

26

Came to rest

27

Aid in antiquing

28

Escort a wild canine?

31

Slender, like stags tend to be?

35

Suit jacket

36

35mm camera inits.

37

Wimple wearers

38

King Kong and others

39

Caucus state

42

“Capeesh?”

44

Golf prop

45

Glass rims

46

Grizzly who’s a country music star?

48

Battery part

49

Vital artery

50

Norse deity

51

Of the eyes

54

Verdi opera

56

Vim

58

Terminate

62

Choice between an impish practical joke and an aquarium fish?

66

Boomer’s son, say

68

Sequoia, e.g.

69

Gobbling fowl

70

Show open disdain for

72

Neighbor of Kenya

75

Butyl ender

76

Feline sign

78

Young sheep from an ancient Palestinian region?

80

Varnish stuff

83

Antelope of Africa

85

Went lower

86

French novelist Jules

87

Octa- plus two

89

Belie

92

\$5 bills, informally

94

Pinniped

98

Certain Fed

99

K-12 org.

102

Mrs. monster

103

Make at work

104

Singer Andy

105

Outward appearance

106

— hunch

107

Tiny, to tots

109

Steed native to the Garden State?

112

The absolute best

116

“I smell —!” (“This is fishy!”)

117

Thus

118

Gymnast Comaneci

119

Gratitude expressed by a chatty bird?

124

Retail (for)

125

Wicked things

126

Innately know

127

— Tzu (dog)

128

Sequoia, e.g.

130

Trample

131

Totally fill

DOWN

1

Mag staffers

2

Phil who had a talk show

3

Conceive of

4

Coin substitutes

5

Jokester

6

“Nice one!”

7

Octa- minus seven

8

Feudal superiors

9

“Platoon” actor Willem

10

Points where rays meet

11

At the drop of —

12

Windshield- attached recorder

13

Muse of hymns

14

Glided down the runway

15

“There oughta be —!”

16

Huge statues

17

Singer doing a vocal quaver

18

Emancipate

24

Time period of interest

29

More twisted, as humor

30

Running shoe brand

31

Blasting material

32

Go by sea

33

Materialize

34

— Moines, Iowa

40

Granola bar bit

41

End a shoot

43

— Reader (magazine)

45

“Willard” actress

46

Moored ship used as lodging

47

Get by

48

Opt for

49

Yemen port

51

Ferret cousin

52

Pare down

53

Car’s four

55

“Let’s do this thing!”

57

Praise highly

59

Seven-Emy Ed

60

Neighbor of Ethiopia

61

Get by

63

Popeye’s Olive

64

Stephen of “Still Crazy”

65

Amount that can be carried

67

Hairpiece, slangily

71

Help in a bad deed

73

Accepted fact

74

Toby brews

77

The same, to Henri

79

Served in blazing brandy

81

Notion, to Henri

82

Reporter, colloquially

84

— Major

88

Musical clicker

90

Always, in sonnets

91

Bluegrass instrument

93

Wee toddler

94

Most quickly

95

Cold-shoulder giver

96

Make dirty by trailing through mud

97

Entered, as data

98

Mil. enlistees

99

Nasty fish

100

Diagnostic package

101

Hex- follower

104

Less cheery, to a Brit

105

Boggy tract

108

Barrel slat

110

“Nightmare” film setting: Abbr.

111

“So there!”

113

Part in a play

114

Really peeve

115

Gigantic

120

Rome-to-Vienna dir.

121

Slow — snail

122

Politico Cruz

123

That vessel

King Crossword

ACROSS

1

Jewel

4

Appointment

8

Con job

12

Boxing leg-end

13

Big story

14

— Major

15

Medieval entertainer

17

Anger

18

“— lazy river ...”

19

Extreme

21

Assault

24

Heavy weight

25

Hawaiian neckwear

26

With it

28

Complete range

32

Exam format

34

Illustrations

36

Soybean paste

37

Eastern potentate (Var.)

39

Lummox

41

Profit

42

Needlefish

44

Aplenty

46

Graham of “Monty Python”

50

Bay State sch.

51

Humdinger

52

Alternatives to station wag-ons

56

Israeli airline

57

Carbon compound

58

Where (Lat.)

59

Roll up

60

Almost black

61

Knock

9

Gator’s cousin in

10

Largest continent

11

Shoppers’ mecca

16

Hot tub

20

Pooch

21

Lotion additive

22

Expression

23

Sedona automaker

27

Expert

29

Labyrinth beast

30

Addict

31

Carry

33

Humorous hoax

35

Playground game

38

Aries

40

Kin

43

Japanese noodles

45

Actress Ullmann

46

Staff leader?

47

Streaming video giant

48

Winged

49

1492 craft

53

Penultimate mo.

54

Cagers’ org.

55

Try the tea

DOWN

1

Leg, slangily

2

Yale student

3

Little details

4

Break off

5

Spring mo.

6

Layer

7

Brilliance

8

Older spelling for a South American

1	2	3	4		5	6	7	8	9		10	11	12	13	14		15	16	17	18	
19					20						21						22				
23					24						25						26				
	27							28		29						30					
31					32	33	34				35							36			
37					38					39	40	41			42		43				
44					45					46					47						
					48					49					50						
51	52	53				54	55				56	57				58		59	60	61	
62					63					64	65		66		67			68			
69								70					71			72	73	74			
75					76	77				78					79						
80					81	82		83		84			85				86				
					87		88			89	90	91				92	93				
94	95	96						97							98				99	100	101
102								103							104				105		
106					107		108						109	110							
112					113													116			
117																					
124																					
128																					

MAGIC MAZE ● APRIL FOOLS' JOKES

V Z W T Q N K H D A X U R P M

R E T S K N A R P Y J G D D A

X V S Q N K T Y N I F D E A X

V T Q O M S N N R J H F C C A

E L B I L L U G Y E C W E U R

P N A L J F T O A H K I P F D

B Z X C V E S U R G T C T R Q

O M K I I H P (H O O D W I N K)

F D B Z Y M O U W V M T O R A

R Q O R E K O J D N L U N K T

I H F D C A F C Z X A O H X W

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Antic

Comical

Deception

Dupe
- Funny

Gag

Gullible

Hoax
- Hoodwink

Humorous

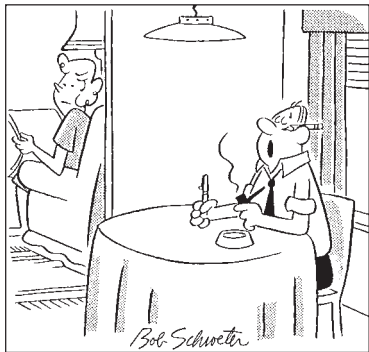
Joker

Ruse
- Spoof

Stunt

Trickery





"I'm ready, dear—bring me the bills, the checkbook and the \_\_\_\_\_."

answer on page 31

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Abuse  
**UNSHIP**

Excite  
**RIPEINS**

Rock  
**KEASH**

Cower  
**CINEW**

TODAY'S WORD

6				2		7		
		5	3	1		2		
	8		5					4
1				3			5	8
		9	6			2		
	5				7			9
		1	8					3
8		4			5		7	
	2			4		8		

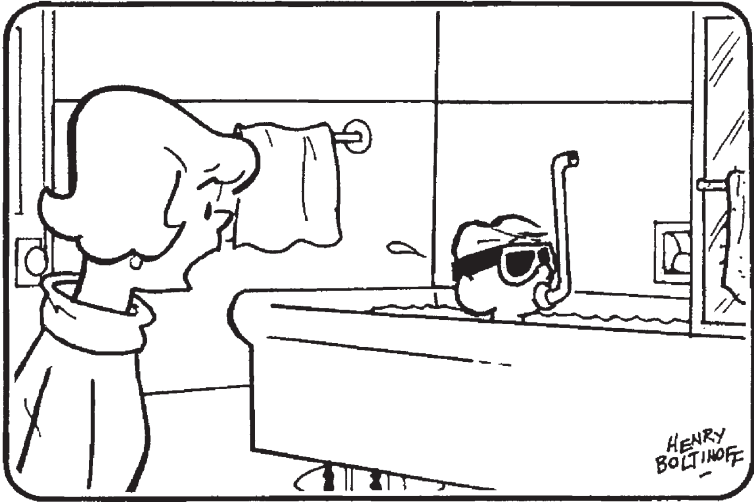
SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

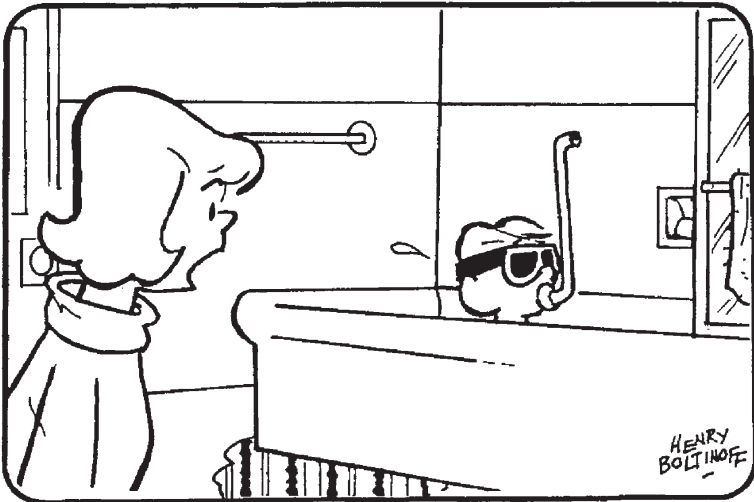
answer on page 29

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Towel is missing. 2. Mom's hair is longer. 3. Puddle is bigger. 4. Water in tub is not visible. 5. Snorkel is longer. 6. Soap dish is higher.



Blueberry Oatmeal Bars

- 1 1/4 cups blueberries
- 1/4 cup orange juice
- 1/4 cup natural sugar
- 1 1/2 cups rolled oats
- 3/4 cup whole-wheat flour
- 1/2 cup brown sugar, packed
- 1 tablespoon cornstarch
- 1 stick butter, softened

Combine the blueberries, sugar, orange juice, and cornstarch in a saucepan. Bring to a boil and cook for 2-3 minutes, stirring until sauce thickens, then remove from heat and cool. In a mixing bowl combine oats, flour, brown sugar and butter to make the crumble. Coat a baking pan with nonstick spray and divide the crumble in half. Press half the mixture into the bottom of the pan. Pour the cooled blueberry filling over the oat mixture. Crumble the remaining oat mixture over top and press lightly to hold in place. Bake at 350°F for 40 minutes or until browned. Allow to cool prior to slicing the squares.✱



Blueberry Oatmeal Bars

photo courtesy Fresh From Florida



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PHONE: (239) 472-5247 • CELL: (239) 229-6366

My Stars ★★★★★

FOR WEEK OF APRIL 8, 2019

**Aries** (March 21 to April 19) A suggestion from a colleague on how to work out a problem might not sit too well with you. But before you suspect his or her motives, why not just accept it as a friendly gesture?

**Taurus** (April 20 to May 20) An associate might seek your counsel on a workplace dispute with another co-worker. Listen to what she or he has to say, but withhold advice until you've heard the other side of the story.

**Gemini** (May 21 to June 20) Use your Twin gifts for creativity and practicality to score points in landing an opportunity that could open doors to a new career. Someone returns after a long absence.

**Cancer** (June 21 to July 22) Although things are pretty hectic through much of the week, some quiet time with loved ones helps restore balance. An unexpected visitor brings welcome news about a mutual friend.

**Leo** (July 23 to August 22) Getting used to change isn't always easy for the Big Cat. But make the adjustments gradually, and soon you'll hardly remember when things were any different from how they are now.

**Virgo** (August 23 to September 22) Continue to stay the course you've chosen, and avoid distractions that could throw you off track. Some knowledgeable folks are happy to provide guidance if you need it.

**Libra** (September 23 to October 22) Although you earned plaudits from most co-workers for your recent stand on a workplace situation, you also raised the envy quotient among others. Tread carefully for now.

**Scorpio** (October 23 to November 21) You feel more positive about that delayed project, and you're ready to pick it up on a moment's notice. However, you might need to re-motivate those who have since lost interest.

**Sagittarius** (November 22 to December 21) Some welcome news should be coming your way. In the meantime, use that Sagittarius charm to convince some still-reluctant colleagues that your ideas have merit.

**Capricorn** (December 22 to January 19) Don't wait for a misunderstanding to work itself out. Instead, ask for a chance to explain the circumstances before those bruised feelings lead to an irreversible break.





FRIDAY  
Mostly Cloudy  
High: 78 Low: 69



SATURDAY  
Mostly Cloudy  
High: 80 Low: 71



SUNDAY  
Mostly Cloudy  
High: 82 Low: 69



MONDAY  
Partly Cloudy  
High: 75 Low: 66



TUESDAY  
Sunny  
High: 74 Low: 65



WEDNESDAY  
Sunny  
High: 75 Low: 66



THURSDAY  
Sunny  
High: 77 Low: 68

Redfish Pass Tides

Day	High	Low	High	Low
Fri	2:04 am	7:39 am	1:55 pm	8:10 pm
Sat	2:43 am	7:58 am	2:12 pm	8:46 pm
Sun	3:24 am	8:18 am	2:35 pm	9:26 pm
Mon	4:11 am	8:39 am	3:03 pm	10:13 pm
Tue	5:10 am	8:59 am	3:36 pm	11:09 pm
Wed	6:31 am	9:15 am	4:16 pm	None
Thu	5:06 pm	12:18 am	None	None

Point Ybel Tides

Day	High	Low	High	Low
Fri	1:09 am	7:41 am	1:00 pm	8:12 pm
Sat	1:48 am	8:00 am	1:17 pm	8:48 pm
Sun	2:29 am	8:20 am	1:40 pm	9:28 pm
Mon	3:16 am	8:41 am	2:08 pm	10:15 pm
Tue	4:15 am	9:01 am	2:41 pm	11:11 pm
Wed	5:36 am	9:17 am	3:21 pm	None
Thu	4:11 pm	12:20 am	None	None

Punta Rassa Tides

Day	High	Low	High	Low
Fri	1:38 am	8:03 am	1:57 pm	8:31 pm
Sat	2:12 am	8:27 am	2:06 pm	9:08 pm
Sun	2:51 am	8:49 am	2:13 pm	9:46 pm
Mon	3:41 am	9:11 am	2:33 pm	10:26 pm
Tue	4:42 am	9:35 am	3:05 pm	11:11 pm
Wed	5:48 am	10:00 am	3:49 pm	None
Thu	7:06 am	12:12 am	4:42 pm	10:27 am

Cape Coral Bridge Tides

Day	High	Low	High	Low
Fri	4:14 am	10:55 am	4:05 pm	11:26 pm
Sat	4:53 am	11:14 am	4:22 pm	None
Sun	5:34 am	12:02 am	4:45 pm	11:34 am
Mon	6:21 am	12:42 am	5:13 pm	11:55 am
Tue	7:20 am	1:29 am	5:46 pm	12:15 pm
Wed	8:41 am	2:25 am	6:26 pm	12:31 pm
Thu	7:16 pm	3:34 am	None	None

PUZZLE ANSWERS

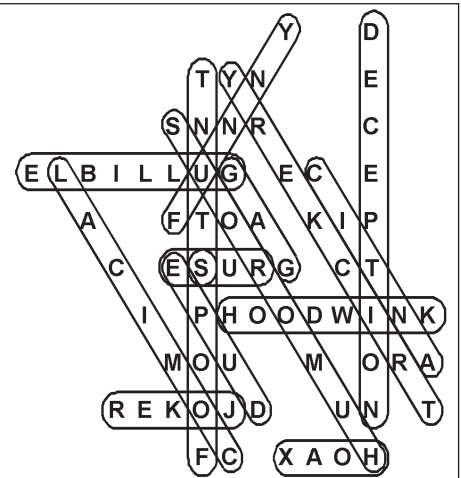
SUPER CROSSWORD

E	D	I	T	W	O	U	L	D	F	A	D	E	S	A	C	T	S
D	O	M	O	I	O	N	I	A	O	H	A	R	A	L	O	R	E
S	N	A	K	E	T	H	I	E	F	C	A	S	A	S	A	L	I
	A	G	E	R				G	O	W	I	T	H	T	H	E	W
T	H	I	N	A	S	A	D	E	E	R		C	O	A	T		S
N	U	N	S	A	P	E	S	I	O	W	A	Y	O	U	S	E	E
T	E	E	L	I	P	S		B	E	A	R	M	C	E	N	T	I
		P	O	L	E		A	O	R	T	A		O	D	I	N	
O	P	T	I	C		A	I	D	A	P	E	P	C	E	A	S	E
T	R	I	C	K	O	R	T	E	T	R	A	X	E	R		S	U
T	U	R	K	E	Y		S	N	E	E	R	A	T	U	G	A	N
E	N	E		L	E	O		L	A	M	B	O	F	G	I	L	E
R	E	S	I	N	G	N	U		F	E	L	L	V	E	R	N	E
		D	E	C	A		R	E	B	U	T		A	B	E	S	
S	I	D	E	W	A	L	K	S	E	A	L		G	M	A	N	P
O	G	R	E	S	S	E	A	R	N		G	I	B	B		M	I
O	N	A		I	T	S	Y		J	E	R	S	E	Y	H	O	R
N	O	G	R	E	A	T	E	R	V	O	L	E			A	R	A
E	R	G	O		N	A	D	I	A		M	Y	N	A	T	H	A
S	E	L	L	E	V	I	L	S		S	E	N	S	E	S	H	I
T	R	E	E	T	E	N	E	T		T	R	E	A	D	S	A	T

KING CROSSWORD

G	E	M		D	A	T	E		S	C	A	M
A	L	I		E	P	I	C		U	R	S	A
M	I	N	S	T	R	E	L		R	O	I	L
	U	P	A		R	A	D	I	C	A	L	
A	T	T	A	C	K		T	O	N			
L	E	I		H	I	P		G	A	M	U	T
O	R	A	L		A	R	T		M	I	S	O
E	M	E	E	R		O	A	F		N	E	T
		G	A	R		G	A	L	O	R	E	
C	H	A	P	M	A	N		M	I	T		
L	L	U		M	I	N	I	V	A	N	S	
E	L	A	L		E	N	O	L		U	B	I
F	U	R	L		N	A	V	Y		R	A	P

MAGIC MAZE



SUDOKU

6	1	3	9	2	4	7	8	5
4	7	5	3	8	1	9	2	6
9	8	2	5	7	6	1	3	4
1	6	7	2	3	9	4	5	8
3	4	9	6	5	8	2	1	7
2	5	8	4	1	7	3	6	9
7	9	1	8	6	2	5	4	3
8	3	4	1	9	5	6	7	2
5	2	6	7	4	3	8	9	1

**Aquarius** (January 20 to February 18) A physical problem should be checked out in order to avoid it going from just being a nuisance to something more serious. Your social life takes an unexpected but not unwelcome turn.

**Pisces** (February 19 to March 20) Yours might be the wisest sign in the Zodiac. But you still could benefit from the wisdom of a close friend who has suggestions on how to handle a perplexing personal problem.

**Born This Week:** Your passion for doing the right thing inspires others to follow your well-trodden path toward justice.

MOMENTS IN TIME

• On April 13, 1360, a hailstorm kills an estimated 1,000 of King Edward's III's English soldiers in France. The heavy losses were seen as a sign from God, convincing King Edward to negotiate peace with the French.

• On April 10, 1866, the American Society for the Prevention of Cruelty to Animals (ASPCA) is founded in New York by philanthropist and diplomat Henry Bergh after he witnessed and later wrote about work horses beaten by their peasant drivers in Russia.

• On April 12, 1914, the Mark Strand Theatre opens to the public in New York City, the first of the "dream palaces," known for their impressive size and luxuriously appointed interiors. The Strand seated some 3,000 people.

• On April 11, 1945, the American Third Army liberates the Buchenwald concentration camp, near Weimar,

Germany. Among those saved by the Americans was Elie Wiesel, who would go on to win the Nobel Peace Prize in 1986.

• On April 9, 1962, President John F. Kennedy throws out the ceremonial first pitch in Washington D.C.'s new stadium, called simply "D.C. Stadium." He continued a tradition that began in 1910 when President William Taft threw out Major League Baseball's first opening-day pitch in old Griffith Stadium.

• On April 8, 1974, Hank Aaron of the Atlanta Braves hits his 715th career home run, breaking Babe Ruth's legendary record of 714 homers. Aaron would hit 40 more home runs for a career total of 755.

• On April 14, 1986, the U.S. launches airstrikes against Libya in retaliation for its sponsorship of terrorism against American troops and citizens. The attacks were mounted by Navy attack jets in the Mediterranean and Air Force bombers from bases in England. France refused to allow the bombers to fly over its territory, forcing them to make a 3,000-mile detour.

STRANGE BUT TRUE

• It was 20th-century French air force brigadier general and geopolitician – and bearer of the nickname "father of the French atom bomb" – Pierre Marie Gallois who made the following sage observation: "If you put tomfoolery into a computer, nothing comes out of it but tomfoolery. But this tomfoolery, having passed through a very expensive machine, is somehow ennobled and no

one dares criticize it."

• Fashion historians claim that England's Queen Elizabeth I owned 3,000 of the elaborate dresses popular during her time.

• The Great Pyramid of Cheops in Egypt is so large that its base would cover 10 football fields.

• Without a bottle opener, a drunk homeless man in Belgrade, Serbia, was at a loss as to how to open his beer. So he hit upon the bright idea of using a hand grenade to pop the top. A live hand grenade, as it turned out. He popped his own top as well, dying in the incident. It's not known how he got the grenade to begin with.

• Human skin is about 70 percent water, and the human brain is 80 percent water.

• At 140,000 square miles, the Papahānaumokuākea Marine National Monument, located (unsurprisingly) in Hawaii, is larger than all the other U.S. national parks put together.

• Those who study such things say that the European starling is one of the world's great mimics. They have the ability to imitate a surprisingly wide variety of sounds, including a dog's bark, a cat's meow, a cow's moo, the songs of 50 other bird species, the drumming of a woodpecker and a ringing telephone.

THOUGHT FOR THE DAY

"The reason why so few good books are written is that so few people who can write know anything."

– Walter Bagehot

TRIVIA TEST

1. **Movies:** Which film with a literary title won the 1999 Oscar for Best Picture?
2. **Anatomy:** What gives red blood cells their color?
3. **Food & Drink:** What spice gives Hungarian goulash its characteristic flavor?
4. **History:** Who were the two women who tried to assassinate President Gerald Ford on two separate occasions in 1975?
5. **Animal Kingdom:** What is a group of swine called?
6. **Astronomy:** Which planet in our solar system (other than Earth) is known as the "Blue Planet"?
7. **Language:** What does the Latin word "veto" mean?
8. **General Knowledge:** What is the fastest growing plant in the world?
9. **Literature:** Which children's fantasy series featured a ship called *The Dawn Treader*?
10. **Music:** What was English singer Billy Idol's name at birth?

TRIVIA ANSWERS

1. *Shakespeare in Love*
2. Hemoglobin
3. Paprika
4. Sara Jane Moore and Lynette "Squeaky" Fromme
5. A sounder
6. Neptune
7. To forbid or prohibit
8. Bamboo
9. *The Chronicles of Narnia*
10. William Broad



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3/22 ★ 4/19

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3/15 ★ 4/5

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3/29 ★ 4/5

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COMMERCIAL UNIT  
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7/13 ★ TFN

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11/30 ★ TFN

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1/26 ★ TFN

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3/22 ★ TFN

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3/29 ★ 5/17

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4/5 ★ 4/26

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ANNUAL RENTALS

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11/9 ★ TFN

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sq ft, 3-4 bd, 2.5 baths, new w/d, large  
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opened on two sides. Master bd on main  
floor. Includes laundry room, second fridge;  
two-car garage; 2 community pools; 2  
hardcourt tennis courts. \$3,975/mo. + util.  
Unfurnished / Annual Rental Only.  
Call 917-680-4440.  
3/29 ★ 4/5

ROOMMATE WANTED

ROOMMATE NEEDED

Roommate needed, June 1, on Sanibel.  
Master with bath. \$1,000 plus. W/D, pool,  
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4/5 ★ 4/26

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4/13 ★ TFN

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1/25 ★ TFN

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3/15 ★ 4/5

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4/5 ★ 4/12

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5/6 ★ TFN

FICTITIOUS NAME

FICTITIOUS NAME

NOTICE IS HEREBY GIVEN  
that the undersigned,  
desiring to engage in business under  
The fictitious name of  
San Cap Residential Appraisals,  
located in Lee County, Florida, with  
an address of 824 Birdie View Pt has  
registered said name with The Division of  
Corporations of the Department of State,  
Tallahassee, Florida.  
Dated the 18th Day of March 2019.  
Mark Johnson  
4/5 ★ 4/5

FOR SALE

FOR SALE

5' X 5' giant bean bag \$30  
Wrought iron table and  
4 chairs \$100  
Call 239-297-6639  
3/29 ★ 4/5

GARAGE SALE

MOVING SALE

651 Donax Street, Sanibel.  
Saturday and Sunday, April 6 & 7, 10 to 2.  
Charming summer cottage furniture.  
Bright and Cheerful. Living room, Kitchen,  
Porch furniture and more.  
4/5 ★ 4/5

SAN CARLOS BAY POWER  
SQUADRON YARD SALE

The San Carlos Bay Power Squadron,  
a 501(c)3 non-profit boating organization  
will be conducting a yard sale on  
April 7 from 8 a.m. to 4 p.m.  
at its location on  
16048 San Carlos Boulevard  
in Fort Myers  
(at corner of Kelly Road and  
across from Ace Hardware.)  
Everything from kitchen items to boating  
accessories will be available for purchase.  
4/5 ★ 4/5

GARAGE SALE

Saturday, April 13, 9 a.m. to 1 p.m.  
1615 Sand Castle Road in The Dunes,  
Sanibel. Small appliances, books, dishes,  
kitchen utensils, linens, women's clothes,  
shoes and handbags, lamps, quality  
framed art work, decorative items.  
4/5 ★ 4/12

To advertise in the  
*Island Sun* and *The River Weekly News*  
Call 395-1213



# Boating And Alcohol: Recipe For Disaster

Many boaters are not aware of the very real, life threatening dangers associated with consuming alcohol while boating. Add environmental stressors to those usual factors resulting from drinking alcohol, and a truly perilous condition is present. Consuming any type of alcohol produces certain physiological responses that directly affect safety and well-being of the captain, passengers and other boaters. Judgment and skills deteriorate, impacting peripheral vision, balance and ability to process information. Physical performance and reaction time are reduced.

Alcohol reduces depth perception, night vision, focus and the ability to distinguish colors, especially red and green navigation lights. Alcohol consumption can result in inner ear disturbance, which can make it impossible for a person suddenly immersed in water to distinguish up from down. Life jackets are designed to move an unconscious victim face up, providing one is being worn in the first place. One of the biggest challenges is that out-of-state boaters bring their own boating perspectives from back home and are unfamiliar with navigating the Florida waterways and fail to realize the physical impacts of the Florida heat, sun and wind.

The leading cause of fatalities in Florida are falls overboard with 81 percent not wearing a life jacket. All the

local public safety experts encourage boaters to wear life jackets and save the drinking for the marina. According to U.S. Coast Guard Auxiliary Flotilla Commander Nick Kaveski, "The Coast Guard has a zero tolerance policy for boating while intoxicated. Always have a sober captain and save the party for the pier."

The Florida Fish and Wildlife Commission, the lead agency in investigating boating accidents, reported that in 2017, 67 percent of people involved in boating accident fatalities did not take a boating safety class. Fort Myers area boaters can find the local classes online at [www.aux91fmb.org/safeboating](http://www.aux91fmb.org/safeboating) or by calling 690-6780, Option 1.

The US Coast Guard Auxiliary is the lead agency protecting America's seaward frontier in recreational boating

safety. For more information, visit [www.cgaux.org](http://www.cgaux.org).✱

## Financial Aid Tip Of The Month

Veterans and members of the U.S. Armed forces may be able to take advantage of numerous student financial aid programs, according to the Kentucky Higher Education Assistance Authority. The federal government also offers programs for the dependents of veterans and service members.

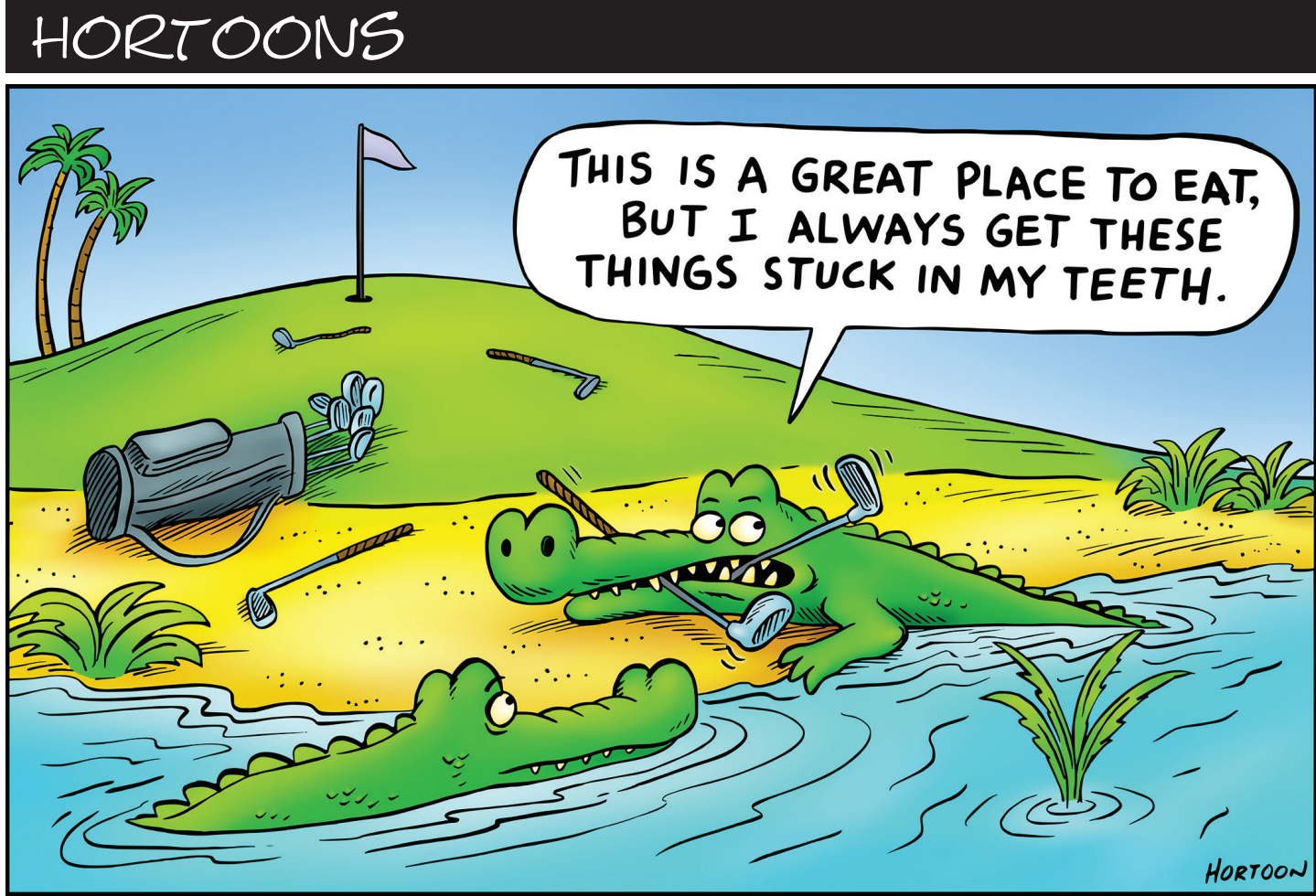
Federal programs include: GI Bill benefits, first passed in 1944 for veterans of World War II – The federal government offers several versions, with benefits that vary according to when you entered service,

when you left the service and other criteria. More changes are coming as the result of the Forever GI Bill, passed in 2017. Visit [www.benefits.va.gov/gibill](http://www.benefits.va.gov/gibill) for more information about your options.

Federal Tuition Assistance, for active duty members of all branches of the armed forces, including the Coast Guard, National Guard and Reserves – For more information, contact the college financial aid office or the unit education officer.

Iraq and Afghanistan Service Grants, for students who had a parent or guardian die as a result of military service in Iraq or Afghanistan after September 10, 2001 – For more information, look under Types of Aid at [www.studentaid.ed.gov/sa](http://www.studentaid.ed.gov/sa).

For more information about those services, visit [www.kheaa.com](http://www.kheaa.com).✱



SCRAMBLERS

1. Punish; 2. Inspire; 3. Shake; 4. Wince

Today's Word  
**ASPIRINS**

## Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Palmetto Point	Fort Myers	1979	4,867	\$2,795,000	\$2,300,000	55
Trevi	Fort Myers	2019	3,700	\$2,495,000	\$2,365,000	21
Sandpiper Village	Fort Myers Beach	1967	2,240	\$2,100,000	\$1,775,000	138
Town And River	Fort Myers	2013	4,256	\$1,800,000	\$1,750,000	6
Sanctuary At Wulfert	Sanibel	1996	7,209	\$1,795,000	\$1,550,000	156
Butterknife	Sanibel	2013	2,955	\$1,429,000	\$1,375,000	140
Bellamare	Miromar Lakes	2006	3,374	\$1,299,000	\$1,175,000	152
Palm Acres	Fort Myers	1972	1,875	\$1,175,000	\$1,050,000	13
Cape Coral	Cape Coral	2001	3,594	\$974,900	\$964,000	150
Sycamore Grove	Estero	2001	3,014	\$964,000	\$900,000	92



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